



PE Long Term Curriculum Overview



| Year 1/2 Cycle A: Autumn Term | |
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| Real PE Personal skills Multi- Skills games: Throwing and catching | Real PE Social skills Dance |

| Year 1/2 Cycle A: Spring Term | |
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| Real PE Cognitive skills Gymnastics | Real PE Creative skills Invasion Games |

| Year 1/2 Cycle A: Summer Term | |
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| Real PE Physical skills Athletics | Real PE Health & fitness Bat and Ball Games |

| Year 1/2 Cycle B: Autumn Term | |
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| Real PE Personal skills Games: Attacking and Defending | Real PE Social skills Dance |

| Year 1/2 Cycle B: Spring Term | |
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| Real PE Cognitive skills Gymnastics | Real PE Creative skills Multi Skills – Target Games |

| Year 1/2 Cycle B: Summer Term | |
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| Real PE Physical skills Athletics | Real PE Health & fitness Orienteering (OAA)/Striking and fielding games |

| Year 3/4 Cycle A: Autumn Term | |
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| Real PE Personal skills Net Games: Tennis | Real PE Social skills Gymnastics |

| Year 3/4 Cycle A: Spring Term | |
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| Real PE Cognitive skills Dance | Real PE Creative skills Invasion Games (Warrington Wolves -Tag Rugby) |

| Year 3/4 Cycle A: Summer Term | |
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| Real PE Physical skills Athletics Swimming | Real PE Health & fitness Striking and Fielding Games - Cricket Swimming |

| Year 3/4 Cycle B: Autumn Term | |
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| Real PE Personal skills Net Games: Badminton | Real PE Social skills Gymnastics |

| Year 3/4 Cycle B: Spring Term | |
|---------------------------------------|---|
| Real PE Cognitive skills Dance | Real PE Creative skills Invasion Games (Warrington Wolves - Tag Rugby) |

| Year 3/4 Cycle B: Summer Term | |
|--|--|
| Real PE Physical skills Athletics Swimming | Real PE Health & fitness OAA - Orienteering Swimming |

| Year 5/6 Cycle A: Autumn Term | |
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| Real PE Personal skills Y5: Swimming Y6: Net Games - Tennis | Real PE Social skills Swimming Gymnastics |

| Year 5/6 Cycle A: Spring Term | |
|--|--|
| Real PE Cognitive skills Y5+6: Gymnastics | Real PE Creative skills Invasion Games (Warrington Wolves- Tag Rugby) |

| Year 5/6 Cycle A: Summer Term | |
|---|---|
| Real PE Physical skills Athletics/ OAA Orienteering | Real PE Health & fitness Striking and Fielding Games - Rounders |

| Year 5/6 Cycle B: Autumn Term | |
|--|--|
| Real PE Personal skills Y5: Swimming Y6: Net Games: Volleyball | Real PE Social skills Y5: Swimming Y6: Dance |

| Year 5/6 Cycle B: Spring Term | |
|--|---|
| Real PE Cognitive skills Y5 + 6: Gymnastics | Real PE Creative skills Invasion Games (Warrington Wolves – Tag Rugby) |

| Year 5/6 Cycle B: Summer Term | |
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| Real PE Physical skills Athletics/ OAA Orienteering | Real PE Health & fitness Striking and Fielding Games - Cricket |