



## Personal Development (RSHE) Long Term Curriculum Overview

At St Vincent's Catholic Primary School, the physical and emotional well-being of our children is a priority. We place a great deal of importance on personal development as a Catholic school and it is embedded in our ethos as defined in the Mission Statement and Aims of the school:

Our Mission Statement:

*To love, serve and learn as Jesus shows us.*

Our Aims:

*To support everyone in our school to achieve their full potential and to be inspired to learn  
To reach out to our community and the world around us and respond in love and service  
To follow the example of Jesus in our actions and interactions*

We nurture and educate our pupils in order to help them develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. Central to our personal development (RSHE) teaching and learning is the promotion and nurturing of our pupils spiritual, moral, social and cultural development.

Personal development (RSHE) is taught through a range of implicit and explicit learning opportunities and is embedded throughout the curriculum. Objectives are covered during discreet lessons using resources from the following:

- My Happy Mind
- Money Matters
- St John's Ambulance – KS2 First Aid Pathway
- E-bug
- Skcin
- Journey in love
- A text based approach to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources

Objectives are also covered across the curriculum e.g. RE, Science, English, History, Geography, Music, Art and PE. In addition to this, whole school events such as assemblies, enrichment activities, trips and visits/visitors and Church services throughout the year reinforce the teaching in this area.

British Values are promoted through cross curricular links, through the work of the school council and through the overall aims and objectives of the school which underpin the school Mission Statement. They are also woven into personal development (RSHE) lessons covered by the resources above. British Values are closely linked to Christian values, drawing on the example of Jesus and are reinforced through our Religious Education teaching. Children at St Vincent's also have opportunities to explore them further through Celebration of the Word (collective worship). Preparing the children for life in British society and for their role as citizens, will empower them to make the strongest possible contribution to the common good by always seeking to do good to one another and to all.

### **Democracy:**

*Link to Beatitudes: "Blessed are those who hunger and thirst for righteousness, for they shall be satisfied."*

*Links to the UN Convention of Children's Rights: Article 12: Children have the right to say what they think should happen, when adults are making decisions that affect them, and to have their opinions taken into account.*

Pupils are encouraged to participate in active listening, showing concern for each other, respecting the right of every individual to have their opinions and voices heard. Pupils have the opportunity to air their opinions and ideas through our School Council and regular questionnaires / pupil interviews.

- The elections of the School Council members are based on pupil votes, reflecting our British electoral system and demonstrating democracy in action.
- Focussed activities based around the General Election - including debates, mock elections and votes.
- Visits from local councillors / local magistrates.
- Pupil voice across the whole curriculum
- Pupil involvement in devising classroom rules – linked understanding of rewards and consequences

Linking to the wider curriculum, our democratic society has been analysed and compared to other societies, historically and in the present day.

### **The Rule of Law:**

*Link to Beatitudes: "Blessed are the peacemakers for they shall be called children of God."*

*Links to the UN Convention of Children's Rights: Article 19: Governments should ensure that children are properly cared for, and protect them from violence, abuse and neglect by their parents, or anyone else who looks after them.*

We consistently reinforce high expectations that everyone has a responsibility to understand the importance of rules and laws, whether they are rules at school, other rules or laws that exist in the country. The pupils are involved in the setting of rules for conduct and learning behaviours in their classrooms and understand that they are there to protect us and that there are consequences when rules are broken.

- School's positive behaviour policy is clearly displayed throughout school and consistently applied, with a clear progression of rewards and consequences.
- Visits from authorities such as the Police, Fire Service, etc. are regular and help to reinforce that importance of laws to govern and protect us.
- Pupils are taught the need for laws – protection, responsibilities that this involves and consequences when laws are broken

### **Individual Liberty:**

*Link to Beatitudes: "Blessed are the pure of heart, for they shall see God."*

*Links to the UN Convention of Children's Rights: Article 31: All children have a right to relax and play, and to join in a wide range of activities.  
Article 15: Children have the right to meet together and to join groups and organisations, as long as this does not stop other people from enjoying their rights.*

Pupils at St Vincent's are actively encouraged to make choices, knowing that they are in a safe and empowering learning environment. They understand their rights to make independent choices and the importance of making the right decisions for themselves and by speaking out for others. Through our personal development (RSHE) curriculum, the children recognise themselves as unique individuals who have special gifts to make unique contributions to building communities. As a school we educate and provide boundaries for our pupils to make choices safely, through the provision of a safe environment and an empowering education.

- NSPCC Speak Out Stay Safe, PCSO, fire brigade, school nurse sessions
- Discreet E-safety lessons and ongoing focus during computing lessons
- Understand and exercise their rights, responsibilities and personal freedoms and how it is important to do this safely
- Participation in wider school activities and clubs
- High importance of the pupils developing their self-esteem and self-confidence
- Supporting charities (covenant with the poor – local, national, global)
- Consideration for others through our RE and Catholic Social Teaching

### **Tolerance of Those With Different Faiths And Beliefs:**

*Link to Beatitudes: "Blessed are the meek, for they shall inherit the earth."*

As a Catholic worshipping community, pupils are equipped with the ability to develop positive values and understanding their own beliefs within a culturally diverse society. We aim to enhance children's understanding of different faiths and beliefs by participating in a range of celebrations throughout the year. Through our school values, all children are taught to respect everyone regardless of their faith and beliefs. Assemblies, discussions and class work promote the diversity of our community and society and the right for each person to be respected and valued equally, regardless of ability, gender, faith, heritage or race. Our RE programme (Come and See / RE Directory) provides opportunities throughout the year to explore the beliefs of other faiths and religions, which include Judaism, Hinduism and Islam, and to explore the similarities to Christianity, as well as the differences.

### **Mutual Respect:**

*Link to Beatitudes: "Blessed are the merciful, for they shall obtain mercy."*

*Links to the UN Convention of Children's Rights: Article 14: Children have the right to think and believe what they want, and to practise their religion, as long as they are not stopping other people from enjoying their rights.  
Parents should guide their children on these matters.*

Mutual respect is at the heart of our faith: Jesus said, 'You shall love your neighbour as yourself.' All members of the St Vincent's school community treat each other with respect and pupils understand that respect needs to be shown to everyone, whatever differences we may have. We recognise and value the unique contributions of each person in our school.

This message is reiterated through our School Mission Statement, "to love, serve and learn as Jesus shows us", which was created in collaboration with children, parents, staff and Governors.

Respect for our culturally diverse community through:

- Our school rules and behaviour policy
- Gospel values – promoting respect and love for all
- A whole school commitment to democracy where pupils are confident to voice their opinions and to create an environment where pupils can debate ideas and are safe to disagree with each other
- Pupils are encouraged to communicate with honesty and integrity, and value co-operation and collaboration
- Through our commitment to human dignity, we promote fairness and justice where we seek out for those who are in most need
- The work of our school councillors to support all pupils to promote anti-bullying – respect for difference and tolerance



## Personal Development (RSHE) Long Term Curriculum Overview



### Autumn Term

Whole school theme days / weeks:

Judaism Week  
World Mental Health Day  
Black History Month  
Disability History Month  
CAFOD Go Green campaign  
PCSO – Bonfire / Halloween safety  
Anti-bullying week  
European Day of Languages  
CAFOD Advent Calendar  
Harvest celebration and CAFOD family fast day  
\*Ongoing charity work personal to the children

### Spring Term

Whole school theme days / weeks:

Children's Mental Health Week  
Safer Internet Day  
CAFOD – Lent family fast day and Lenten  
Calendar  
Spanish Day  
\*Ongoing charity work personal to the children

### Summer Term

Whole school theme days / weeks:

Mental Health Awareness Week  
Disability Awareness Day  
Other faith week (*Spring or Summer*)  
Sports Day  
Enterprise/ Money Matters Week  
\*Ongoing charity work personal to the children

### EYFS

My Happy Mind: Meet  
your brain

Equality text: You  
Choose

E-bug: Hand Hygiene

### EYFS

My Happy Mind:  
Celebrate

Equality text: Red  
Rockets

Journey in love: Social  
and Emotional

E-bug: Respiratory/  
Oral Hygiene

### EYFS

My Happy Mind:  
Appreciate

Equality text: Blue  
Chameleon

### EYFS

My Happy Mind:  
Relate

Equality text: Mommy,  
Mama and Me

Journey in love:  
Physical

### EYFS

Money Matters

Equality text: The  
Family Book

SKcin sun safety

### EYFS

My Happy Mind:  
Engage

NSPCC

Journey in love:  
Spiritual

<p>Year 1/2 Cycle A</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: Ten Little Pirates</p> <p>E-bug: Microbes</p>	<p>Year 1/2 Cycle A</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: My World, Your world</p> <p>Journey in love: Social and Emotional</p> <p>E-bug: Hand Hygiene</p>	<p>Year 1/2 Cycle A</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: Elmer</p>	<p>Year 1/2 Cycle A</p> <p>My Happy Mind: Relate</p> <p>Equality text: Max the Champion</p> <p>Journey in love: Physical</p>	<p>Year 1/2 Cycle A</p> <p>Money Matters</p> <p>Equality text: That's not how you do it</p> <p>SKcin sun safety</p>	<p>Year 1/2 Cycle A</p> <p>My Happy Mind: Engage</p> <p>NSPCC</p> <p>Journey in love: Spiritual</p>
<p>Year 1/2 Cycle B</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: The great Big Book of Families</p> <p>E-bug: Respiratory Hygiene</p>	<p>Year 1/2 Cycle B</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: The first Splodge</p> <p>Journey in love: Social and Emotional</p> <p>E-bug: Oral Hygiene</p>	<p>Year 1/2 Cycle B</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: The Odd Egg</p>	<p>Year 1/2 Cycle B</p> <p>My Happy Mind: Relate</p> <p>Equality text: Blown away</p> <p>Journey in love: Physical</p>	<p>Year 1/2 Cycle B</p> <p>Money Matters</p> <p>Equality text: What the Jackdaw Saw</p> <p>SKcin sun safety</p>	<p>Year 1/2 Cycle B</p> <p>My Happy Mind: Engage</p> <p>NSPCC</p> <p>Journey in love: Spiritual</p>
<p>Year 3/4 Cycle A</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: Beegu</p> <p>E-bug: Introduction to microbes</p>	<p>Year 3/4 Cycle A</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: This is Our House</p> <p>Journey in love: Social and Emotional</p> <p>E-bug: Useful Microbes</p>	<p>Year 3/4 Cycle A</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: Two Monsters</p> <p>First aid: Bites and Stings</p>	<p>Year 3/4 Cycle A</p> <p>My Happy Mind: Relate</p> <p>Equality text: The Huey's in the new Jumper</p> <p>Journey in love: Physical</p>	<p>Year 3/4 Cycle A</p> <p>Money Matters</p> <p>Equality text: We're all Wonders</p> <p>SKcin sun safety</p>	<p>Year 3/4 Cycle A</p> <p>My Happy Mind: Engage</p> <p>Journey in love: Spiritual</p> <p>NSPCC</p>

<p>Year 3/4 Cycle B</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: A Crayon's Story</p> <p>E-bug: Harmful Microbes</p>	<p>Year 3/4 Cycle B</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: Dogs Don't Do Ballet</p> <p>Journey in love: Social and Emotional</p> <p>E-bug: Hand Hygiene</p>	<p>Year 3/4 Cycle B</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: The Flower</p> <p>First aid: Calling for Help/ Head Injuries/Asthma</p>	<p>Year 3/4 Cycle B</p> <p>My Happy Mind: Relate</p> <p>Equality text: King and King</p> <p>Journey in love: Physical</p>	<p>Year 3/4 Cycle B</p> <p>Money Matters</p> <p>Equality text: The Way Back Home</p> <p>SKcin sun safety</p>	<p>Year 3/4 Cycle B</p> <p>My Happy Mind: Engage</p> <p>Journey in love: Spiritual</p> <p>NSPCC</p>
<p>Year 5/6 Cycle A</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: How to Heal a broken wing</p> <p>E-bug: Respiratory Hygiene</p>	<p>Year 5/6 Cycle A</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: Where the Poppies Grow Now</p> <p>Journey in love: Social and Emotional</p> <p>E-bug: Food Hygiene/ Animal and Food hygiene</p>	<p>Year 5/6 Cycle A</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: Rose Blanche</p> <p>First aid: Calling for Help/ Head Injuries/Bleeding</p>	<p>Year 5/6 Cycle A</p> <p>My Happy Mind: Relate</p> <p>Equality text: And Tango Makes Three</p> <p>Journey in love: Physical</p>	<p>Year 5/6 Cycle A</p> <p>Money Matters</p> <p>Equality text: The Cow Who climbed a Tree</p> <p>SKcin sun safety</p>	<p>Year 5/6 Cycle A</p> <p>My Happy Mind: Engage</p> <p>Journey in love: Spiritual</p> <p>NSPCC</p>
<p>Year 5/6 Cycle B</p> <p>My Happy Mind: Meet your brain</p> <p>Equality text: Dreams of Freedom</p> <p>E-bug: Oral Hygiene</p>	<p>Year 5/6 Cycle B</p> <p>My Happy Mind: Celebrate</p> <p>Equality text: The Thing Journey in love: Social and Emotional</p> <p>E-bug: Vaccinations/ Antibiotics</p>	<p>Year 5/6 Cycle B</p> <p>My Happy Mind: Appreciate</p> <p>Equality text: The Island</p> <p>First aid: Calling for Help/ Head Injuries/Choking</p>	<p>Year 5/6 Cycle B</p> <p>My Happy Mind: Relate</p> <p>Equality text: My Princess Boy</p> <p>Journey in love: Physical</p>	<p>Year 5/6 Cycle B</p> <p>Money Matters</p> <p>Equality text: Leaf</p> <p>SKcin sun safety</p>	<p>Year 5/6 Cycle B</p> <p>My Happy Mind: Engage</p> <p>Journey in love: Spiritual</p> <p>NSPCC</p>