

Year 3/4 DT: Sandwich Snacks

Subject Specific Skills

- Learn that there is a variety of sandwiches (structure and content)
- Develop an awareness of healthy packed meals
- Recognise and develop basic food vocabulary
- To understand the importance of preparing a food area, wearing aprons, and personal hygiene.

Prior Learning

- Children should have some knowledge about healthy eating.
- Children should be aware that food products are made of different ingredients, that there is a need for a variety of foods in a healthy diet and know some ways to prepare ingredients safely and hygienically, using equipment and utensils.

Design:

- Discuss the purpose of the sandwiches the children will be designing, making and evaluating and who the products will be for.
- Checking the criteria relating to healthy eating and a varied diet.
- Use annotated sketches and appropriate information and communication technology, such as web-based recipes, to develop and communicate ideas.

Make:

- To consider the main stages in making food before preparing sandwiches, including listing the ingredients and utensils they will need.
- To develop a clear sequence for making a sandwich, emphasizing the quality of the finished product can be ensured through accurate use of tools and careful presentation.

Evaluate:

- Evaluate the final product against the intended purpose and user, reflecting on the design criteria previously agreed.
- Consider what others think of the product when considering how the work might be improved.
- Test their products with the intended user and critically evaluate the quality of the design, manufacture, functionality and fitness for purpose.



Key Vocabulary

Appearance - how the food looks to the eye.

Texture - how the product feels in the mouth.

Sensory evaluation - evaluating food products in terms of the taste, smell, texture and appearance.

Preference test - trying different foods and deciding which you like best.

Processed food - ingredients that have been changed in some way to enable them to be eaten or used in food preparation and cooking.

