St Vincent's School Council Newsletter

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<u>A message from</u> the Chair of our School Council

This term we have been very busy deciding on our roles and thinking about what we want to achieve this year, there have been some new additions, so watch this space! We have been working together closely to look at how we can make improvements at St Vincent's and we will keep you updated on our progress. In this newsletter you can find out about our new roles and responsibilities, our priorities for the year and how you can have ★ your say!

Edition 1/2:02024

Upcoming Events and Priorities

Anti Bullying Week

Mental Health Day

Internet Safety

Mini Vinnies Collaboration

Buddy Bench and monitoring

Christmas Fayre fundraising

Meeting Mrs Norris for future plans

WOW Winners

Healthy eating councillors have monitored the WOW tracker monthly to check progress as a school and also as a class. Well done Y3/4this September With 31% As a school we came 1st in the area. Councillors will present 41 with their certificate soon.

2nd	YEAR 2/4	
	40% of 300 titled possible trips recorded, 60% of them were active.	
3rd	YEAR 6	
	50% of 217 total gossible trips recorded, 48% of them wave active.	
4th	YEAR 1/2	
	10% of 334 total possible trips recorded, 57% of them were active.	
Est.	YEAR 5	

You said, we did....

You: At the start of the year we placed a suggestion box in each classroom. As we meet as a committee every week, we shall take suggestions from a class at a time, so we have time to collate your responses. If you want to add anything, these ideas remain confidential. Even in week 1, we collated your after school club responses

and used this to decide the after school clubs you would like building on last year. Moving forward we are looking at one of our councillors to record these ideas and be your voice.

Eco Councillors: Lily and Heidi





Last year we were keeping up the litter picking but I think this year we have dropped the habit of it.by the end of playtime there are many toast packet and empty juice cartons. As school councillors we are very passionate about protecting and conserving the planet and we want to help the rest of the school to continue this. We will work hard to continue the actions of the Live Simply award in school and educate others to make our school (and Penketh) a greater place than it already is.

Mental Health Champions: Renae and Frankie





As Mental Health councillors we want to make sure that everyone knows how to look after themselves mentally and that they know who to talk to if they are struggling. This year, we would like to make this school a better place and support people when they need it the most. We are providing A worry teddy for ks1 and a worry box for ks2 if you are ever worried and don't want to tell someone, someone can read it and help you. Karen and Nicola our MHST link workers are also going to work with our mental health school councillors each week.

Healthy Eating Councillors: James and Nathaniel





We are really happy to be the healthy eating councillors and we're exited to promote this in school. We have already met and reviewed the healthy snack policy and continue to monitor this. Healthy snacks is much better for you and under 100 calorie snacks. We are currently in the middle of designing a healthy pack lunch for you to see and are meeting with the school kitchen staff to put our ideas forward. We are also very passionate about the WOW tracker and hope to become ambassadors this year. We want to share with you, healthy ways to exercise and work with Mr Drinkwater to support healthy games and brain break exercises during lunch.

Anti-bullying Councillors: Iris and Luke





As Anti-bullying councillors we're very excited to hear your views. We are looking forward to planning and leading Anti Bullying Week. And meeting Helen form Warrington Children's Hospital. As school councillors, we understand that sometimes you are worried or sad. Next term we are going to be helping to launch the Zones of Regulation so we can all talk about our feelings more, as well as catching you being kind.

Recycling and the Eco Chart

We still think that recycling as a school should be made a priority. This half term, we have written new litter picking rotas and have provided your classrooms with fresh eco charts, auditing all timetables and resources so we can tackle recycling and our global climate challenge once more this year! We are currently finding a more accessible space for the litter picks so these are available more freely to you. We are meeting Eunice next half term to discuss Eco in the community further.