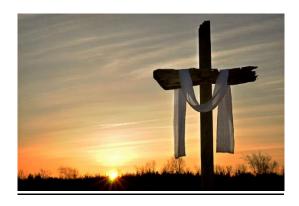
### Year 3/4: Spring Term

#### **Self-Discipline**







In this topic we learn Lent is part of the Liturgical Year when people unite themselves with Christ in order to grow in self-discipline through the practices of prayer, fasting and almsgiving. We celebrate growth of new life in Christ, in preparation for the feast of Easter.

**Big Question**: Is self-discipline important in life?

# **Learning Outcomes:**

## Explore:

Self-discipline is important

#### Reveal:

Celebrating growth to new life through self-discipline

#### Respond:

Acquire the skills of assimilation, celebration and application of the above

#### **Core Vocabulary:**

self-discipline, effort, potential, penance, contrition, Lent, Easter, Resurrection, fasting, alms giving

### <u>Standards - Driver words:</u>

AT1-learning about Religion	AT 2- learning from Religion
Ask and respond	Compare
Ask questions	Make Links
Retell	Give Reasons
Describe	Describe and show understanding