

Year 3/4: Spring Term

Self-Discipline



In this topic we learn Lent is part of the Liturgical Year when people unite themselves with Christ in order to grow in self-discipline through the practices of prayer, fasting and almsgiving. We celebrate growth of new life in Christ, in preparation for the feast of Easter.

Big Question: Is self-discipline important in life?

<p><u>Learning Outcomes:</u></p> <p><u>Explore:</u></p> <p>Self-discipline is important</p> <p><u>Reveal:</u></p> <p>Celebrating growth to new life through self-discipline</p> <p><u>Respond:</u></p> <p>Acquire the skills of assimilation, celebration and application of the above</p>	<p><u>Core Vocabulary:</u></p> <p>self-discipline, effort, potential, penance, contrition, Lent, Easter, Resurrection, fasting, alms giving</p> <p><u>Standards - Driver words:</u></p> <table><tr><td>AT1-learning about Religion</td><td>AT 2- learning from Religion</td></tr><tr><td>Ask and respond</td><td>Compare</td></tr><tr><td>Ask questions</td><td>Make Links</td></tr><tr><td>Retell</td><td>Give Reasons</td></tr><tr><td>Describe</td><td>Describe and show understanding</td></tr></table>	AT1-learning about Religion	AT 2- learning from Religion	Ask and respond	Compare	Ask questions	Make Links	Retell	Give Reasons	Describe	Describe and show understanding
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