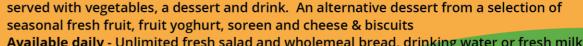
SCHOOL MEALS



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.















Week One

Meat Free Monday

Vegetarian Sausage Roll, served with savoury potatoes, baked beans or garden peas

Vanilla Ice Cream

Tuesday

V Roast Gammon served with sage and onion stuffing creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

> Fresh Fruit Segments or yoghurt

Wednesday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry Cake

Thursday

V Oven baked Fish Stars served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

V Homemade Spaghetti Bolognaise served with garden peas

V Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza served with herby diced potatoes, and sweetcorn

Baked Jacket Potato with a selection of fillings

Vanilla Ice Cream

Tuesday

V Roast Turkey with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

> Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken curry served with 50/50 rice

V Jelly and Fruit

Thursday

V Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade cooks choice Cookie

Friday

Italian chicken with sauté potatoes and seasonal vegetables

Fruit Crumble and Custard

Week Three

Meat Free Monday

WHomemade Tomato Pasta Bake served with seasonal vegetables



Homemade Rice Pudding or Vanilla Ice Cream

Tuesday

V Roast Chicken sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

> Fresh Fruit Segments or Yoghurt

Wednesday

V Cottage pie Served with seasonal vegetables

Homemade Flapjack

Thursday

V Seasoned chicken fillet served with chunky chipped potatoes, garden peas or baked beans

V Oven baked Battered Fish served with chunky chipped potatoes, garden peas or baked beans

> Cooks Choice Toffee Date Cake or Chocolate Cake with Orange

Friday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

V Jacket potato with a selection of fillings

V Jelly and Fruit



Menu cycle week one: 6 Sept, 27 Sept, 18 Oct, 8 Nov, 29 Nov, 20 Dec, 10 Jan, 31 Jan, 21 Feb, 14 Mar, 7 Apr Menu cycle week two: 13 Sept, 4 Oct, 25 Oct 15 Nov, 6

Dec, 27 Dec, 17 Jan, 7 Feb, 28 Feb, 21 Mar, 14 Apr

Menu cycle week three: 20 Sept, 11 Oct, 1 Nov, 22 Nov, 13

Dec, 3 Jan, 24 Jan, 14 Feb, 7 Mar, 28 Mar, 21 Apr

St Vincents Catholic Primary School Menu September 2021/22



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals

