# St Vincent's School Council Newsletter

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## Edition 2:02022

## \*\*\* A message from the Chair of our School

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☆ ☆ This half term the school council have ☆ been very busy creating and presenting ☆ an assembly as part of anti-bullying  $\bigstar$ ☆ week, mental health day and providing ☆ ☆ you with your weekly updates. They've ☆ been busy putting lots of plans in place ☆ ☆ for the year ahead as well as collecting  $\bigstar$  $\bigstar$ evidence and finishing the PowerPoint ☆ for the Live Simply evidence and action ☆ ☆ plan. Moving into Spring the councillors ☆ are looking forward to meeting with  $\bigstar$ school governors and working more with ☆ ☆ ☆ the community on some new eco projects ☆ it starts to become warmer. More in-☆ ☆ formation on this to follow. Merry ☆ Christmas!  $\frac{1}{2}$ 

## Upcoming Events and Priorities

Live Simply Award

Community Litter picking

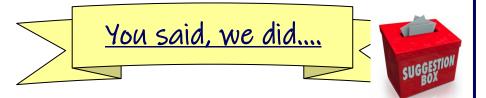
Acts of Kindness Day

Healthy Living talk

Mental health survey/ Mental Health week

Safer Internet Day

Outdoor Prayer Space



Following the council meeting, we have collated your responses from all classes

You: Snack in the juniors, more games at wet break, a class pet, afterschool club choices for next term.

We: Healthy living councillors are going to bring their suggestion of fruit as an option to Mr Vernon and are thinking of other ways we can use the fruit that is always left. The boxes have been left for you to put your ideal choice of clubs for next term and we can see if this can happen. If you also have anything you are passionate about and would like to fundraise for it, the councillors will always hold a meeting to discuss this.

## WOW

All councillors were so impressed with the 'eco effort' being made by all classes this year, overall Y6 were our eco class of the month. Moving forward, Healthy Living Councillors have updates regarding snack times and drink, they also have a WOW challenge for you in February and a whole class incentive.

	CLASS OF THE MONTH These classes have recorded the most active tigs this month.	
3rd	YEAR 6	337
4th	475 of 60 https://doi.org/seconded.1775 of them very active.	
	49% of 20 Mid pessilin lags seconded, 50% of them were active.	251
5th	YEAR 3/4	• •1
	un un han possion oper industria, un a composition activit.	

To love, serve and learn as Jesus shows us

### World Mental Health Day

October 2022: Our Mental Health Champions lead a whole school assembly for World Mental Health Day to raise awareness of Global Wellbeing and mental health.



#### Anti Bullying Week

November 2022: Our School Councillors led a whole-school assembly, educated classes about the NHS five steps to wellbeing (CLANG), conducted a whole school survey, as well as sharing the work of Andy and the Odd Socks.



#### Live Simply: Living Sustainably



As part of our Live Simply award the councillors wanted to reach more into the community this year. After speaking to Penketh Parish Council, we have now organised a series of community litter picking sessions that will start in the new year. Councillors are very excited to meet with the parish and they have further ideas to keep Penketh on the right eco path.

#### CAFOD Daily Actions: Living in Solidarity with the poor

During Advent, we chose to follow the CAFOD daily actions Advent Calendar, say the Live Simply Prayer, support Bags to School and share Laudato Si' during our harvest assembly. Taking part in the CAFOD service we also supported our parish community.





As part of our Live Simply action plan, the children felt they would like a prayer garden in the school grounds. This month Fr John led us in prayer as he blessed our new statue of Our Lady, crafted by one of our grandparents, from a tree which stood in our school grounds, in memory of Mrs James - loved wife, mother, colleague, friend and parishioner. The councillors were honoured to be a part of this and to see their actions being implemented within school. We are also working towards a second prayer space near our allotment area. CAFOD club have produced laminated prayer cards to use in this prayer space throughout the year.