



## **RSHE, personal development, wellbeing and citizenship Overview**

At St Vincent's Catholic Primary School, the physical and emotional well-being of our children is a priority. We place a great deal of importance on PSHE and Citizenship as a Catholic school and it is embedded in our ethos as defined in the Mission Statement and Aims of the school:

Our Mission Statement:

*To love, serve and learn as Jesus shows us.*

Our Aims:

*To support everyone in our school to achieve their full potential and to be inspired to learn*

*To reach out to our community and the world around us and respond in love and service*

*To follow the example of Jesus in our actions and interactions*

We nurture and educate our pupils in order to help them develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. Central to our PSHE and Citizenship teaching and learning is the promotion and nurturing of our pupils spiritual, moral, social and cultural development. PSHE and Citizenship is taught through a range of implicit and explicit learning opportunities and is embedded throughout the curriculum. PSHE objectives are covered during discreet lessons using resources from the following:

- Jigsaw programme of study
- SEAL programme of study
- PSHE Association
- [www.valuesmoneyandme.co.uk](http://www.valuesmoneyandme.co.uk)
- Journey in love
- A range of texts to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources
- Picture News / First News
- St John's Ambulance – KS2 First Aid Pathway

PSHE and Citizenship objectives are also covered across the curriculum e.g. Come and See, Science, English, History, Geography, Music, Art and PE. In addition to this PSHE content is complemented by whole school events such as assemblies, enrichment activities, trips and visits/visitors and Church services throughout the year.

Fundamental British values are promoted through cross curricular links, through the work of the school council and through the overall aims and objectives of the school which underpin the school Mission Statement. Throughout the year, whole school assemblies focus on each of the British Values as part of our ongoing exploration of our School Values. Many of these values are reinforced through our Religious Education programme, Come and See, and children have regular opportunities to explore them further through collective worship.

### Democracy:

Pupils are listened to by adults and are taught to listen carefully and with concern to each other, respecting the right of every individual to have their opinions and voices heard. Pupils also have the opportunity to air their opinions and ideas through our School Council and regular questionnaires / interviews:

- The elections of the School Council members are based solely on pupil votes, reflecting our British electoral system and demonstrating democracy in action.
- Focussed activities based around the General Election and EU referendum in a range of classes, including debates, mock elections and votes. Brexit discussions have taken place in Year 5 and 6.

Linking to the wider curriculum, our democratic society has been analysed and compared to other societies, historically and in the present day.

### Individual Liberty:

Within school, pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. As a school we educate and provide boundaries for our pupils to make choices safely, through the provision of a safe environment and an empowering education.

- NSPCC, PCSO, fire brigade, school nurse session

Our pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely, for example:

- E-safety lessons and ongoing focus during computing lessons.

Whether it is through choice of challenge, how they record, or participation in numerous extra-curricular activities, our pupils have the freedom to make choices.

### Tolerance of Those With Different Faiths And Beliefs:

This is achieved through enhancing pupils understanding of their place in a culturally diverse society and by giving them opportunities to experience such diversity. Assemblies and discussions involving prejudices and prejudice-based bullying have been followed and supported by learning in Come and See and PSHE. The Come and See programme provides two opportunities throughout the year to explore the beliefs of other faiths and religions, which include Judaism, Hinduism and Islam, and to explore the similarities to Christianity as well as the differences.

- Work focussed on charities such as CAFOD when fund raising
- Other class topics provide opportunities to learn about different cultures

### The Rule of Law:

The importance of laws whether they are those that govern the class, the school or the country, are consistently reinforced throughout regular school days, as well as when dealing with behaviour:

- School rules are clearly displayed throughout school and consistently applied, with a clear progression of rewards and consequences.
- Visits from authorities such as the Police, Fire Service, etc. are regular and help to reinforce that importance of laws to govern and protect us.


### Mutual Respect:


All members of the school community treat each other with respect and pupils understand that respect needs to be shown to everyone, whatever differences we may have. This is reiterated through our School Mission Statement – children, parents, staff and Governors were involved in reviewing and writing this. Annually we revisit the Mission Statement and provide children with a range of opportunities to discuss and explore this.


Respect for others is reiterated through:

- Our school rules,
- Behaviour policy.


This value underpins our work every day, both in and out of the classroom.

 Reception	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Come and See (RE)	Myself	Welcome	Judaism	Birthday	Celebrating	Gathering	Growing	Good News	Friends	Islam / Hinduism /Sikhism	Our World	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>Creating a safe place/ community</li><li>Managing own feelings</li></ul> JIGSAW: Being me in my world		SEAL: Friendships <ul style="list-style-type: none"><li>Managing own feelings</li></ul> SEAL: Say no to bullyingJIGSAW: Celebrating Differences: <ul style="list-style-type: none"><li>I can tell you some ways I am different from my friends</li><li>I understand these differences make us all special and unique</li></ul>		SEAL: Going for Goals <ul style="list-style-type: none"><li>Solving problems</li><li>Setting own goals and learning from own successes</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>I can tell you how I felt when I succeeded in a new challenge and how I celebrated it</li><li>I know how to store the feelings of success in my internal treasure chest</li></ul>		SEAL: Good to Be Me <ul style="list-style-type: none"><li>Problem solving</li><li>Own gifts and talents</li></ul> JIGSAW- Healthy Me <ul style="list-style-type: none"><li>I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy</li><li>I can recognise how being healthy helps me to feel happy.</li></ul>		SEAL: Relationships and Changes <ul style="list-style-type: none"><li>Important people</li><li>Feeling loved and cared for</li><li>Understanding/sharing feelings</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can tell you why I appreciate someone who is special to me</li><li>and express how I feel about them</li></ul>		VALUES, MONEY AND ME: Do the Right thing	
RSE: Journey in Love	God Loves each of our uniqueness: Physical and Social				God Loves each of our uniqueness: Emotional and intellectual				God Loves each of our uniqueness: Spiritual			
Equality and Diversity	Text: You Choose by Nick Sharratt and Pippa Goodheart <ul style="list-style-type: none"><li>To say what I think</li></ul>		Text: Red Rockets and Rainbow Jelly by Sue Heap and Nick Sharratt <ul style="list-style-type: none"><li>To understand that it's OK to okay to like different things</li></ul>		Text: Blue Chameleon by Emily Gravett <ul style="list-style-type: none"><li>To make friends with someone different</li></ul>		Text: The Family Book by Todd Parr <ul style="list-style-type: none"><li>To understand that all families are different</li></ul>		Text: Mommy Mama and Me <ul style="list-style-type: none"><li>To celebrate my family</li></ul>			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal 6 (4,5,1) Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. <a href="https://www.cafod.org.uk/primary">https://www.cafod.org.uk/primary</a> Walking for water /Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work.	Picture My World – about CAFOD Emergencies			Picture My World – Peru Pack Sharing our World Focus on Fairtrade		
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week				Children's Mental Health Week Safer-Internet Day PCSO – E-safety				Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week			
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities											

 Year 1	Autumn 1 Being in My World		Autumn 2 Celebrating Differences		Spring 1 Dreams and Goals		Spring 2 Healthy Me		Summer 1 Relationships		Summer 2 Money and Me	
Come and See (RE)	Families	Belonging	Judaism	Waiting	Special People	Meals	Change	Holidays and Holydays	Being Sorry	Islam / Hinduism / Sikhism	Neighbours	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>Creating a safe place/ community</li><li>Managing own feelings</li></ul>		SEAL: Friendships <ul style="list-style-type: none"><li>Managing own feelings</li></ul> SEAL: Say no to bullying  JIGSAW: Celebrating Differences <ul style="list-style-type: none"><li>I can tell you some ways I am different from my friends</li><li>I understand these differences make us all special and unique</li></ul>		SEAL: Going for Goals <ul style="list-style-type: none"><li>Solving problems</li><li>Setting own goals and learning from own successes</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>I can tell you how I felt when I succeeded in a new challenge and how I celebrated it</li><li>I know how to store the feelings of success in my internal treasure chest</li></ul>		SEAL: Good to Be Me <ul style="list-style-type: none"><li>Problem solving</li><li>Own gifts and talents</li></ul> JIGSAW: Healthy Me <ul style="list-style-type: none"><li>I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy</li><li>I can recognise how being healthy helps me to feel happy.</li></ul>		SEAL: Relationships and Changes <ul style="list-style-type: none"><li>Important people</li><li>Feeling loved and cared for</li><li>Understanding/ sharing feelings</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can tell you why I appreciate someone who is special to me and express how I feel about them</li></ul>		VALUES, MONEY AND ME: Charity Job	
RSE theme	We Meet God's love our family: Physical and Social				We Meet God's love our family: Emotional and intellectual				We Meet God's love our family: Spiritual			
Equality and Diversity	Text: Elmer by David Mckee To like the way I am		Ten Little Pirates by Mike Brownlow and Simon Rickerty To play with boys and girls				Text: That's Not How You Do It by Ariane Hofman-Maniyar To recognise that people are different ages		Text: Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith To understand our bodies work in different ways		Text: My World, Your World To understand we share the world with lots of people	
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				Picture My World – about CAFOD Emergencies			Picture My World – Peru Pack Sharing our World Focus on Fairtrade	
Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week				Children's Mental Health Week Safer-Internet Day PCSO – E-safety				Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week			
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors											


 Year 2	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	Beginnings	Signs and Symbols	Judaism	Preparations	Books	Thanksgiving	Opportunities	Spread the Word	Rules	Islam / Hinduism / Sikhism	Treasures	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>• Belonging the class/community</li><li>• Managing/exploring feelings</li></ul> JIGSAW- Being in My World		SEAL: Getting on and falling out <ul style="list-style-type: none"><li>• Friendship</li><li>• Managing anger</li><li>• Seeing another point of view</li></ul> SEAL: Say no to bullyingJIGSAW: Celebrating Differences <ul style="list-style-type: none"><li>• I can identify some ways in which my friend is different from me</li><li>• I can tell you why I value this difference about him/her</li></ul>		SEAL: Going for goals <ul style="list-style-type: none"><li>• Learning in different ways</li><li>• Setting and reaching a goal, aspirational targets</li><li>• Overcoming distractions and taking responsibility for own behaviour</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>• I can explain some of the ways I worked cooperatively in my group to create the end product</li><li>• I can express how it felt to be working as part of this group</li></ul>		SEAL: Good to be me <ul style="list-style-type: none"><li>• Problem solving</li><li>• Own gifts and talents, strengths and weaknesses</li></ul> JIGSAW: Healthy Me <ul style="list-style-type: none"><li>• I can make some healthy snacks and explain why they are good for my body</li><li>• I can express how it feels to share healthy food with my friends</li></ul>		SEAL: Relationships and changes <ul style="list-style-type: none"><li>• Important people</li><li>• Managing and understanding own feelings</li><li>• Making choices, understanding what is right and wrong</li><li>• Making change happen and resolve conflict</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>• I can identify some of the things that cause conflict between me and my friends</li><li>• I can demonstrate how to use the positive problem solving technique to resolve conflicts with my friends</li></ul>		VALUES, MONEY AND ME: Hero or Zero  VALUES, MONEY AND ME: Finders keepers (KS1)	
	RSE theme	We Meet God's love in the community: Physical and Social				We Meet God's love in the community: Emotional and intellectual				We Meet God's love in the community: Spiritual		
Equality and Diversity	Text: The great Big Book of families by Mary Hoffman and Ros Asquith <ul style="list-style-type: none"><li>• To understand what diversity is</li></ul>		Text: The First Slodge by Jeanne Willis <ul style="list-style-type: none"><li>• To understand how we share the world</li></ul>				Text; The Odd Egg by Emily Gravett <ul style="list-style-type: none"><li>• To Understand what makes someone fell proud</li></ul>		Text: What the Jackdaw Saw by Julia Donaldson and Nick Sharratt <ul style="list-style-type: none"><li>• To feel proud of felling different</li></ul>		Text: Blown Away by Rob Biddulph <ul style="list-style-type: none"><li>• To be able to work with everyone in my class</li></ul>	
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity		Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8			Picture My World – about CAFOD Emergencies			Picture My World – Peru Pack Sharing our World Focus on Fairtrade	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children’s Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week
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 Year 3	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	Homes	Promises	Judaism	Visitors	Journeys	Listening and Sharing	Giving All	Energy	Choices	Islam / Hinduism / Sikhism	Special Places	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>Feeling valued</li><li>The need for rules and responsibilities in society</li><li>Coping with and exploring feelings</li></ul> JIGSAW: Being me in my world		SEAL: Getting on and falling out  SEAL: Say no to bullying  JIGSAW: Celebrating Differences <ul style="list-style-type: none"><li>I can tell you about a time when my words affected someone's feelings and what the consequences were</li><li>I can give and receive compliments and know how this feels</li></ul>		SEAL: Going for Goals Consequences <ul style="list-style-type: none"><li>Self as a learner</li><li>Reaching/achieving goals</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>I can evaluate my own learning process and identify how it can be better next time</li><li>I am confident in sharing my success with others and know how to store my feelings of success in my internal treasure chest</li></ul>		SEAL: Good to be Me <ul style="list-style-type: none"><li>Assertiveness</li><li>Understanding and managing own feelings (worries and concerns)</li></ul> JIGSAW: Healthy Me <ul style="list-style-type: none"><li>I can identify things, people and places that I need to keep safe from, and can tell you some strategies for keeping myself safe including who to go to for help</li><li>I can express how being anxious or scared feels</li></ul> FIRST AID: <ul style="list-style-type: none"><li>Calling for help</li><li>Head injuries</li><li>Bites and stings</li></ul>		SEAL: Relationships and Changes <ul style="list-style-type: none"><li>Managing and understanding own feelings</li><li>Taking responsibility</li><li>Understanding the importance of getting along with others – exclusion and discrimination</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can explain how some of the actions and work of people around the world help and influence my life and can show an awareness of how this could affect my choices</li></ul>		VALUES, MONEY AND ME: I Want it (K1/2)	
RSE theme	How we live in love: Physical and Social				How we live in love: Emotional and Intellectual				How we live in love: Spiritual			
Equality and Diversity	Text: Beegu by Alexis Deacon <ul style="list-style-type: none"><li>To be welcoming</li></ul>		Text: This is Our House by Micheal Rosen <ul style="list-style-type: none"><li>To understand what discrimination means</li></ul>		Text: Two Monsters by David Mckee <ul style="list-style-type: none"><li>To Find a Solution to a Problem</li></ul>		Text: The Hueys in the New Jumper by Pliver Jeffers <ul style="list-style-type: none"><li>To use strategies to help someone who feels different</li></ul>		Text: We're All Wonders by RJ Palacio <ul style="list-style-type: none"><li>To understand how difference can affect someone</li></ul>			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's		Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a> Child's guide to CAFOD- Who is my neighbour? One day, one world – video		Picture My World – Peru Pack Sharing our World Focus on Fairtrade	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week
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 Year 4	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	People	Called	Judaism	Gift	Community	Giving and Receiving	Self-discipline	New Life	Building Bridges	Islam / Hinduism / Sikhism	God's People	
PSHE	SEAL- New Beginnings <ul style="list-style-type: none"><li>Feeling welcomed and valued</li><li>Managing and understanding own feelings</li></ul> JIGSAW: Being Me in My World		SEAL: Getting on and falling out <ul style="list-style-type: none"><li>Taking turns and working together</li><li>Managing anger</li><li>Seeing another point of view</li></ul> SEAL: Say no to bullyingJIGSAW: Celebrating Differences <ul style="list-style-type: none"><li>I can tell you a time when my first impression of someone changed as I got to know them</li><li>I can explain why it is good to accept people for who they are</li></ul>		SEAL- Going goals Understanding goals and consequences <ul style="list-style-type: none"><li>Self as a learner</li><li>Achieving goals – perseverance</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>I know how to make a new plan and set new goals even if I have been disappointed</li><li>I know what it means to be resilient and to have a positive attitude</li></ul>		SEAL- Good to be me <ul style="list-style-type: none"><li>Assertiveness</li><li>Self as a learner</li><li>Coping with worries, feelings and anger</li><li>Taking responsibility</li></ul> JIGSAW: Healthy Me <ul style="list-style-type: none"><li>I can recognise when people are putting me under pressure and can explain ways to resist this when I want to</li><li>I can identify feelings of anxiety and fear associated with peer pressure</li></ul> FIRST AID: <ul style="list-style-type: none"><li>Calling for help</li><li>Head injuries</li><li>Asthma</li></ul>		SEAL: Relationships and changes <ul style="list-style-type: none"><li>Important people</li><li>Loss and bereavement</li><li>Understanding responsibility/guilt</li><li>Understanding feelings</li><li>Belonging to a group</li><li>Understanding change and responses to change</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can explain different points of view on an animal rights issue and express my own opinion and feelings on this</li></ul>		VALUES, MONEY AND ME: Costing the Earth (KS1/2)	
	RSE theme	God loves us in our differences: Physical and social				God loves us in our differences: Emotional and intellectual				God loves us in our differences: Spiritual		
Equality and Diversity	Text: Red: A Crayon's Story by Michael Hall <ul style="list-style-type: none"><li>To be who you want to be</li></ul>				Text: Dogs Don't Do Ballet by Anna Kemp and Sara Ogilvie <ul style="list-style-type: none"><li>To know when to be assertive</li></ul>		Text: The Flower by John Light <ul style="list-style-type: none"><li>To ask questions</li></ul>		Text: King and King by Linda de Hann and Stern Nijland <ul style="list-style-type: none"><li>To understand why people choose to get married</li></ul>		Text: The Way Back Home by Oliver Jeffers <ul style="list-style-type: none"><li>To overcome language as a barrier</li></ul>	
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's		Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. <a href="https://www.cafod.org.uk/primary">https://www.cafod.org.uk/primary</a> Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a> Child's guide to CAFOD- Who is my neighbour? One day, one world – video	Millennium development Goals -Making the world a fairer place. <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a>	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade. Universal Church topic- resources at: <a href="http://www.cafod.org.uk">www.cafod.org.uk</a>		

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors		

 Year 5	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
Come and See (RE)	Ourselfs	Life Choices	Judaism	Hope	Mission	Memorial Sacrifice	Sacrifice	Transformation	Freedom and Responsibility	Islam / Hinduism / Sikhism	Stewardship	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>Feeling welcome and valued</li><li>Creating a community</li><li>Strategies to control own feelings</li></ul> JIGSAW: Being Me in My World		SEAL: Getting on and falling out <ul style="list-style-type: none"><li>Friendships, relationships and behaviour</li><li>Say no to bullying</li><li>Managing conflict and honesty</li><li>Understanding and dealing with anger</li></ul> SEAL: Say no to bullyingJIGSAW: Celebrating Differences <ul style="list-style-type: none"><li>I can explain the differences between direct and indirect types of bullying</li><li>I know some ways to encourage children who use bullying behaviours to make other choices and know how to support children being bullied</li></ul>		SEAL: Going for goals <ul style="list-style-type: none"><li>Being an effective learner</li><li>Setting goals/challenges</li><li>Self as a learner</li></ul> JIGSAW: Dreams and Goals <ul style="list-style-type: none"><li>I can describe the dreams and goals of a young person in a culture different from mine</li><li>and can reflect on how these relate to my own</li></ul>		SEAL: Good to be me <ul style="list-style-type: none"><li>Understanding and managing own feelings</li><li>Bereavement and loss</li><li>Strategies to cope with disagreements</li></ul> JIGSAW: Healthy Me <ul style="list-style-type: none"><li>I can describe the different roles food can play in people's lives and can explain how people can develop eating problems (disorders) relating to body image pressures</li><li>I respect and value my body</li></ul> FIRST AID: <ul style="list-style-type: none"><li>Calling for help</li><li>Head injuries</li><li>Bleeding</li></ul>		SEAL: Relationships and changes <ul style="list-style-type: none"><li>Friendships and stereotypes</li><li>Managing and understanding feelings</li><li>Insecurities around change</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can explain how to stay safe when using technology to communicate with my friends</li><li>I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others</li></ul>		VALUES, MONEY AND ME: Do You need it? (KS2)	
	RSE theme	God loves me in my changing and development: Physical and intellectual				God loves me in my changing development: Social and Emotional				God loves me in my changing development: Spiritual		
Equality and Diversity	Text: How to Heal a Broken Wing by Bob Graham <ul style="list-style-type: none"><li>Recognise when someone needs help</li></ul>		Text: Where the Poppies Grow Now by Hilary Robinson and Martin Impey <ul style="list-style-type: none"><li>To learn from our past</li></ul>		Text: The Artist Who Painted a Blue Horse by Eric Carle <ul style="list-style-type: none"><li>To appreciate artistic freedom</li></ul>		Text: Rose Blanche by Lan McEwan and Roberto Innocenti <ul style="list-style-type: none"><li>To justify my actions</li></ul>		Text: And Tango Makes Three by Justin Richardson and Peter Parnell <ul style="list-style-type: none"><li>To accept people who are different than me</li></ul>			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. <a href="https://www.cafod.org.uk/primary">https://www.cafod.org.uk/primary</a> Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a> Child's guide to CAFOD- Who is my neighbour? One day, one world - video	Millennium development Goals -Making the world a fairer place. <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a>	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade. Universal Church topic- resources at: <a href="http://www.cafod.org.uk">www.cafod.org.uk</a>			

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors, Play Leaders and Junior Safety Officers PLEDGE award		

 Year 6	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Being in My World		Celebrating Differences		Dreams and Goals		Healthy Me		Relationships		Money and Me	
Come and See (RE)	Loving Vocation	Vocation Commitment	Judaism	Expectations	Sources	Unity	Death and New Life	Witnesses	Healing	Islam / Hinduism / Sikhism	Common Good	
PSHE	SEAL: New Beginnings <ul style="list-style-type: none"><li>Feeling welcomed and valued</li><li>Creating a community</li><li>Strategies to control feelings</li></ul> JIGSAW: Being Me in my World		SEAL: Getting on and falling out <ul style="list-style-type: none"><li>Friendships and relationships</li><li>Conflict resolution</li><li>Understanding and dealing with anger</li><li>Seeing another perspective</li></ul> SEAL: Say no to bullyingJIGSAW- Celebrating Differences: <ul style="list-style-type: none"><li>I can explain ways in which difference can be a source of conflict or a cause for celebration and can show empathy with people in either situation</li></ul>		SEAL: Going for Goals <ul style="list-style-type: none"><li>Self as a learner</li><li>Setting achievable goals/challenges</li></ul> JIGSAW: Dreams and Goals: I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this		SEAL: Good to be Me: <ul style="list-style-type: none"><li>Self-acceptance</li><li>Understanding own feelings and calming down strategies</li><li>Managing worries and anxieties</li><li>Assertiveness</li></ul> JIGSAW: Healthy Me: <ul style="list-style-type: none"><li>I can evaluate when alcohol is being used responsibly, anti-socially or being misused</li><li>I can tell you how I feel about using alcohol when I am older and my reasons for this</li></ul> FIRST AID: <ul style="list-style-type: none"><li>Calling for help</li><li>Head injuries</li><li>Choking</li></ul>		SEAL: Relationships and changes <ul style="list-style-type: none"><li>Friendships and stereotypes</li><li>Understanding and managing feelings</li></ul> JIGSAW: Relationships <ul style="list-style-type: none"><li>I can recognise when people are trying to gain power or control</li><li>I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control</li></ul>		VALUES, MONEY AND ME: A Fair Days Pay KS2  FIRST AID: Basic life support	
	RSE theme											
Equality and Diversity	Text: My Princess Boy by Cheryl Kilodavis and Susanne DeSimone <ul style="list-style-type: none"><li>To promote diversity</li></ul>		Text: The Island by Armin Greder <ul style="list-style-type: none"><li>To challenge the causes of racism</li></ul>				Text: Love You Forever by Robert Munsch <ul style="list-style-type: none"><li>To consider how my life changes as I grow up</li></ul>		Text: The Whisperer by Nick Butterworth <ul style="list-style-type: none"><li>To stand up to discrimination</li></ul>		Text: Dreams of Freedom by Amnesty International <ul style="list-style-type: none"><li>To recognise my freedom</li></ul>	
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD global activity book. Focus on fair trade. Picture My World Fair Trade shopping game. Picture My world Children's rights assembly.	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.	Fast day stories. <a href="https://www.cafod.org.uk/primary">https://www.cafod.org.uk/primary</a> Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Picture My World – about CAFOD Emergencies Millennium development goals making the world a fairer place. CAFOD <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a> Child's guide to CAFOD- Who is my neighbour? One day, one world – video	Millennium development Goals -Making the world a fairer place. <a href="http://www.cafod.org.uk/schools">www.cafod.org.uk/schools</a>	Picture my world- Peru pack. Sharing our world. Live simply. Focus on fairtrade. Universal Church topic- resources at: <a href="http://www.cafod.org.uk">www.cafod.org.uk</a>			

Further personal  
development  
opportunities

Mission Week  
Harvest celebration  
Judaism Week  
World Mental Health Day  
Black History Month  
Disability History Month  
CAFOD – understanding the effect of climate change  
PCSO – Bonfire / Halloween safety  
Anti-bullying week

Children’s Mental Health Week  
Safer-Internet Day  
PCSO – E-safety

Mental Health Awareness Week  
Disability Awareness Day  
Other faith week  
Sports Day  
Enterprise Week  
School nurse visit - puberty

Junior Safety Officer assemblies and competitions  
Fundraising opportunities – local, national and global  
Class roles and responsibilities  
Whole school roles and responsibilities: Team Captains, School Councillors, Play Leaders, Special Friends to Reception children  
PLEDGE award