

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Monday

Homemade Ham and Cheese Pasta Bake  
Served with Broccoli

✓ Selection of Pizza with various toppings  
jacket wedged potatoes, Sweetcorn

Homemade Rice Pudding with warm berries  
or Ice Cream

### Tuesday

Braised Beef  
Served with Sage and Onion Stuffing, potatoes, carrots  
and broccoli  
gravy

Homemade Macaroni Cauliflower Cheese ✓  
Topped with Tomatoes Served with  
Fresh Broccoli

Fresh Fruit Salad  
Yoghurt

### Wednesday

✓ Homemade Chicken Korma  
Served with 50/50 Rice

✓ Homemade Cheese Flan  
½ Jacket Potato wedges, peas and sweetcorn

Chocolate Brownie

### Thursday

Oven Baked Battered Salmon  
Served with Chunky Chipped Potatoes, Peas or Baked  
Beans

✓ Red Tractor Chicken Poppers  
Served with Chunky Chipped Potatoes, Peas or Baked  
Beans

Cooks Choice Cookie

### Friday

Homemade Minced Beef Hot Pot Served with Carrot  
and Peas

Oven Baked Vegetarian Sausage Roll ✓  
Served with sauté potatoes  
and Baked Beans

Homemade fruit crumble served with Custard Sauce

## Week Two

### Monday

✓ Tortilla Boat filled with Mild Chili Beef,  
50/50 rice, sweetcorn

✓ Seasoned Chicken Breast with savoury rice

Apple and Blackberry Crumble,  
custard sauce  
or strawberry ice cream

### Tuesday

Roast Chicken or Turkey with Sage and Onion Stuffing  
served with potatoes,  
fresh broccoli and carrots  
Gravy

Tomato and Mascarpone ✓  
Wholemeal Pasta Bake, Garlic Bread  
and Broccoli

Fresh Fruit Salad  
Yoghurt

### Wednesday

Cooks choice curry with 50/50 rice

Baked Gammon  
Creamed potatoes, gravy and seasonal vegetables

Chocolate sponge pudding, Custard Sauce

### Thursday

Oven Baked Tempura Battered Fish  
Served with Chunky Chipped Potatoes  
Peas or Baked Beans

✓ Crumb Coated Chicken  
Served with Chunky Chipped Potatoes  
Peas or Baked Beans

Cookie

### Friday

✓ Homemade Spaghetti Bolognaise  
Served with Broccoli

✓ Pork Sausage with sauté potatoes  
and seasonal vegetables

Homemade flapjack

## Week Three

### Monday

Cooks Choice Homemade (Change4Life)  
Cottage Pie Served with Broccoli

or  
Yorkshire Pudding filled with Savoury  
Minced Beef Served with Creamed Potato and  
Seasonal Vegetables

Baguette Pizza or flatbread pizza with Various ✓  
Toppings Served with Homemade Jacket Wedged  
Potatoes and Sweetcorn

Plum and Oat Crumble Served with Custard  
or  
ice cream

### Tuesday

Cooks Choice, Roast Turkey or Roast Gammon,  
Sage & Onion Stuffing Served with Gravy,  
Potatoes, Fresh Broccoli and Carrot

✓ Chicken Tikka Masala Served with 50/50 Rice

Gingerbread Cake

### Wednesday

Homemade Beef and Onion Pie served with  
new Potatoes, seasonal vegetables

✓ Italian Pasta with Chicken  
Served with Seasonal vegetables

Yoghurt or Fruit Segments

### Thursday

✓ Oven Baked Crumb Coated Chicken  
Served with Chunky Chipped Potatoes  
and Garden Peas

Oven Baked Fish Fingers Served with Chunky Chipped  
Potatoes and Garden Peas

Cookie with Mandarin Oranges

### Friday

✓ Pork Meatballs in Homemade Tomato and Basil  
Sauce Served with Wholemeal Pasta  
and Garden Peas

✓ Quiche Lorraine

Carrot Cake

## St Vincents Catholic Primary Menu Autumn/Winter 2018/2019

**Menu Cycle Week One:** 29th Oct, 19th Nov, 10th Dec, 31st Dec,  
21st Jan, 11th Feb, 4th Mar, 25th Mar, 15th April

**Menu Cycle Week Two:** 5th Nov, 26th Nov, 17th Dec, 7th Jan,  
28th Jan, 18th Feb, 11th Mar, 2nd April, 22nd April

**Menu Cycle Week Three:** 12th Nov, 3rd Dec, 24th Dec, 14th Jan,  
4th Feb, 25th Feb, 18th Mar, 29th April



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals  
helpdesk on 01925 443082 or visit our website  
[www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

