

# St Vincent's School Council Newsletter



Edition 1: October 2021

## Introducing Our School Councillors



- Year 1– Cora T-H
- Year 2– Libby T
- Year 3– Olivia C
- Year 4– Louie P
- Year 5– Holly L
- Year 5 – Scarlett G
- Year 6— Mia-Rose P
- Year 6—Noah H

Your voice is heard...

We have put a suggestion box in each classroom. As we meet as a committee every two weeks, we will collect any suggestions from the class boxes to discuss. If you want to add anything, these ideas remain confidential.



## A message from the Chair of our School Council



This half term we have been very busy deciding on our roles and thinking about what we want to achieve this year. We have been working together closely to look at how we can make improvements at St Vincent's and we will keep you updated on our progress.

In this newsletter you can find out about our new roles and responsibilities, our priorities for the year and how to have your say!

## Upcoming Events and Priorities

COP26: 10th—12th November

World kindness day: Friday 12th November

Anti-bullying week: 15th—19th November

Eco-school award

Fundraising for school

Healthy living

Mental health and wellbeing

*To love, serve and learn as Jesus shows us*

## Eco Councillors: Olivia and Scarlett

We are very passionate about protecting and conserving the planet and we want to help the rest of the school to continue this.

We will work hard to promote the Green Flag award in school and educate others to make our school (and Penketh) a greater place than it already is.

## Mental Health Champions: Noah and Louie

We want to make sure that everyone knows how to look after themselves mentally and that they know who to talk to if they are struggling. This year, we would like to make this school a better place and support people when they need it the most. We will listen to your ideas, support you and will try my best to make them happen, so that everyone can have the best year possible!

## Healthy Eating Councillors: Holly and Cora

We are really happy and excited to promote this in school. We believe that to have a healthy mind, you need a healthy body. We hope to be role models for everyone to follow, and hope that we can use our knowledge to help improve our school. If you ever need anyone to talk to, know you can always come to us!

## Anti-bullying Councillors: Mia-Rose and Libby

We are very excited to hear your views and support you throughout the year. With anti-bullying coming up next month, we will be taking an active part in leading and supporting you with ways you can be happy and safe, at home and in school. We understand that it is our role to listen to your ideas and try to make them work for everyone in our school. We hope to make this year the best it can be for everyone and know that you are not alone with any worry.

## Eco-Schools Green Flag

We have very exciting news! St Vincent's is working toward the Eco-Schools Green Flag Award, which will be the perfect way to reward and celebrate the work we are doing to be a more eco-friendly school. We will let you know how we are progressing in our application and what more we can do to achieve this award



## Recycling

We have decided to make recycling in school more of a priority. We are currently in the process of providing bins for scrap paper and cardboard, but are also thinking of other ways we can recycle our waste for the better, such as a more structured recycling system. On the newsletter a few weeks ago, we let you know about other things that we can recycle through school and also raise money for school. The information is on the next page - please help us!

## Terracycle Recycling Programme

Our Friends of St Vincent's are getting involved in this recycling scheme, and the more recycling we collect, the more rewards we earn, and the greater the donation made to our school. Please do not throw away the following items—bring them to school and drop them in the blue bin at the front gates so that we can recycle them and earn funds for school:

### Hasbro toys and games

full or part items (not electronic)

Electric toothbrush heads and covers / electric flosser nozzles / flossing sticks / interdental brushes / dental floss containers

### Kinder

All wrappers and packaging

### Flexible plastic wrapping

Cleaning and laundry products / wipes

Soap refill products

Cheese (all types and wrappings, including all packaging from Babybel)

Plastic can ring carriers

### L.O.L

All products, packaging and accessories

Marigold gloves and packaging

## Healthy Lifestyle



We continue to encourage everyone to change the way they travel to school, as a

way to be healthier and to be more eco-friendly. Travel to school is tracked each day in school and we aim for everyone to walk or park-and-stride at least 3 times per week.

The gym area is now back open at break times for children to be more active and we are designing a poster to advertise healthy school snacks and packed lunches.

## CAFOD Challenges



### GO CYCLE

Are there times when you could cycle instead of using the car?

Car pollution is a major factor in the climate crisis, which is affecting those who are struggling the most with poverty caused by the climate crisis. Go cycling this autumn and support the appeal.

### GO VEGGIE

Could you go veggie for a day a week? How about a whole week or even longer?

Eating less meat is good for the environment and will help to tackle the climate crisis. Cut out meat this autumn and raise money.

### GO PLASTIC FREE

Going plastic free is a global movement of people who decide to take the pledge of reducing our single-use plastic consumption for a whole week, month or even longer, as well as educating ourselves on ways to be more sustainable and reduce waste and pollution in our daily lives.