# St Vincent's Catholic Primary School Newsletter



To love, serve and learn as Jesus shows us

Friday 29th April 2022

#### WEEKLY ATTENDANCE Week ending: 22/04/2022

Year Group	Attendance	
Reception	100%	
Year 1	94%	
Year 2	100%	
Year 3	100%	
Year 4	93%	
Year 5	98%	
Year 6	99%	

Well done to Reception, Year 2 & 3 class who had the best attendance

# DATES FOR THE DIARY Events Clubs Mon 2nd BANK HOLIDAY MONDAY SCHOOL CLOSED Tues 3rd Wed 4th Judo Reception walk to Holly's Farm Y4 Swimming World Maths Day Year 3 Football Tournament Fri 6th

#### **HOUSE POINTS RUNNING TOTALS**

St George	St Patrick	St Andrew	St David
203	184	145	198

# OUT OF SCHOOL ACHIEVEMENTS

Well done to Tilly who competed in a gymnastics competition and came 2nd! Fantastic news!

# Future dates for your diary...

Please be aware that, whilst every effort will be made to keep to dates set, at times it may be necessary to change a date so please check the newsletter which will keep you informed of any changes:

w/b 9th May: Year 6 National Curriculum Tests (SATS)

w/b 9th May: Mental Health Awareness Week

Wednesday 18th—Friday 20th May: Year 6 residential to Conway

Saturday 21st May: 12pm: First Holy Communion Celebration Mass (Year 4)

Friday 27th May: Platinum Jubilee Picnic (2 - 4pm)

Friday 27th May: School closes for Whit



Congratulations to Sam who has completed his level 4 swimming and got a certificate for improving his tennis skills. Brilliant!

Congratulations to Joel who has achieved his Level 7 gymnastics award. Amazing!



Website: www.stvincentsprimary.org

Twitter: @stvincentsrcp



### PLATINUM JUBILEE CELEBRATIONS

To mark this important occasion, we will be celebrating with a family picnic on **Friday 27th May 2022**from 2pm until 4pm.

We invite you to bring your picnic blankets and join us on the school field for a fun afternoon. Tea, coffee, drinks and cakes will be on sale and games will be set up on the field for you to enjoy.

We hope that lots of you will be able to join us to end the half term on a high! If anyone can volunteer to help sell drinks and cakes, this would be greatly appreciated.

Please contact the school office.

Let's pray that the weather is kind to us!

#### YEAR 4 RESIDENTIAL AND RETREAT DAY

Year 4 have had a really busy week, spending 3 days at Robinwood on residential and then sharing a Retreat Day with Year 4 children from St Joseph's on Thursday as part of their preparation for First Holy Communion. Through all of this they have been an absolute credit - we are so proud of them. I'm sure the long weekend is welcomed so that they can catch up on some sleep and rest!

Thank you to all the staff who have been involved in organising these events for the children. There are lots of photographs of what they have been up to on Twitter, so make sure you take a look! @stvincentsrcp

#### **NUT FREE ZONE**

A reminder to all parents that children should not bring nuts, or foods containing nuts into school as there are children in our school who have a nut allergy.



## MENTAL HEALTH CHAMPIONS TOP TIP

This week's top tip from out School Council Mental Health Champions:

#### Sleep Success

Are you sleeping enough? Sleep is so important for your mental health. A healthy body as well as a healthy alert mind will help you to be your best after a good night's sleep. Follow these tips below:

**Get into a routine:** Setting up a routine allows you to set an internal rhythm so try to sleep at the same time each night.

**Enjoy Bath-time:** Having a bath before bed helps bring on sleep because it can relax the body and calm the mind.

A Book at bedtime: Reading at night can be relaxing and can help you to unwind.

**Exercise:** Your body uses sleep to recover your muscles and joints when you have exercised. Get your heart pumping to feel healthier and you will actually sleep better.

**Sleep spray:** Why not use a lavender sleeping spray on your pillow to calm and relax you.



Our school celebrates 50 years in September.

To mark the start of our Golden Jubilee year, we are ending this year with the return of ...



Tel: 01925 726544

This was an amazing event which happened in 2019, but has not been repeated due to lockdown and COVID-19 restrictions.

More details to follow but please save the date: Friday 15th July

If you able to help with the organisation of this event or on the day, please let us know. Thank you.



# RECRUITMENT FOR CHORISTERS 2022

Do you know a child who would like to be a chorister at the Metropolitan Cathedral of Christ the King here in Liverpool?

The search is now on for our next generation of Boy and Girl choristers.

We are recruiting

BOYS currently in year 2 & 3

GIRLS currently in year 5

All choristers are educated at:

Runnymede St Edward's Catholic Primary School (Boys, yr 3-6)

St Edward's College (Boys & Girls, yr 7-10)

meaning that a first class Catholic chorister education for boys and girls in Liverpool is available at no cost.

If you know of a Catholic family who might be interested in this wonderful opportunity, please share this information with them.

Full details of choristerships at the Metropolitan Cathedral, go to: https://

www.liverpoolmetrocathedral.org.uk/music/joining-thechoirs/ Enjoy Football CIC is an accredited FA Weetabix Wildcats football centre for Girls only aged 5-11 which takes place on Saturdays 11.30am 12.30pm at Penketh Youth Centre Honiton Way Penketh

Our Wildcats session welcomes players of any experience aged between 5 and 11 to learn and develop skills in Futsal and Street Soccer. Futsal and Street Soccer are indoor formats of small sided games in which the players are more involved with the game and get more touches of the ball gaining more confidence, technique and skills.

If there are any girls who may be interested in learning to play futsal/football aged 5-11 then they can book a place through this booking link or. We do have a limit of 16 (the link says 30 but this is incorrect).

http://faevents.thefa.com/bookevent?eventID=6197



Tel: 01925 726544

