Relationship, Sex and Health Education Policy (RSHE)



St Vincent's Catholic Primary School

Mission Statement: To love, serve and learn as Jesus shows us

DOCUMENT STATUS

Drafted:	Adopted by Governors:	Implemented:	Last review:	Next review:
March 2021 following consultation as outlined within the policy	March 2021	March 2021	March 2021	March 2022

Rationale

'I HAVE COME THAT YOU MIGHT HAVE LIFE AND HAVE IT TO THE FULL'

(Jn.10.10)

We are involved in Relationship, Sex and Education (RSE) precisely because of our Christian beliefs about God and about the human person. The belief in the unique dignity of the human person made in the image and likeness of God underpins the approach to all education in a Catholic school. Our approach to RSE therefore is rooted in the Catholic Church's teaching of the human person and presented in a positive framework of Christian ideals.

At the heart of the Christian life is the Trinity; Father, Son and Spirit in communion, united in loving relationship and embracing all people and all creation. As a consequence of the Christian belief that we are made in the image and likeness of God, gender and sexuality are seen as God's gift, reflect God's beauty, and share in the divine creativity. RSE, therefore, will be placed firmly within the context of relationship as it is there that sexuality grows and develops.

Following the guidance of the Bishops of England and Wales and as advocated by the DFE (and the Welsh Assembly Government) RSE will be firmly embedded in the PSHE/RSHE framework as it is concerned with nurturing human wholeness and integral to the physical, spiritual, emotional, moral, social and intellectual development of pupils. It is centred on Christ's vision of being human as good news and will be positive and prudent, showing the potential for development, while enabling the dangers and risks involved to be understood and appreciated.

All Relationship, Sex and Health Education RSHE will be in accordance with the Church's moral teaching. It will emphasise the central importance of marriage and the family whilst acknowledging that all pupils have a fundamental right to have their life respected whatever household they come from. It will also prepare pupils for life in modern Britain.

<u>Aim</u>

St. Vincent's Catholic Primary School aims to provide a suitable programme that follows the statutory need to include RSHE into their curriculum from September 2020 which meets the ethos of its Catholic identity and mission.

The purpose of this Relationship, Sex and Health Education (RSHE) policy is to set out the ways in which the school's provision supports pupils through their spiritual, moral, social, emotional and physical development, and prepares them for the opportunities, responsibilities and experiences of life growing up in today's world.

Our School's mission embraces the spiritual, physical, intellectual, emotional, moral and social development of children and young people, and through an agreed approach to Relationship and Sex Education (RSE) using the Archdiocesan recommended resource 'Journey In Love' (2020) we believe that we can promote the development of the whole child, so that children can grow in *virtue, wisdom and stature,* understanding both the emotional, social and physical aspects of growing spiritually, as well as moral aspects of relationships within a context of a Christian vision for the purpose of life.

The other aspects of the statutory curriculum intent will be met within Come and See (RE), PSHE and Science curricula. (See appendices at end of document which incorporates Come and See (Appendix 2), DFE Statutory Relationships and Statutory Science (Appendix 3) and an overview of other resources mapped across each Year Group (Appendix 4))

The Purpose

The aims of Relationship, Sex and Health Education (RSHE) at St. Vincent's Catholic Primary School are to:

- Provide a framework in which sensitive discussions can take place.
- Help pupils develop feelings of dignity, self-worth, self-respect, confidence and empathy.
- Prepare pupils for puberty and give them an understanding of sexual development and the importance of health and hygiene.
- Create a positive culture around issues of sexuality and relationships.
- Teach pupils the correct vocabulary to describe themselves and their bodies.

Statutory Requirements

At St. Vincent's, we must provide Relationships Education to all pupils as per section 34 of the Children and Social work act 2017.

In teaching Relationship and Sex Education, we must have regard to Catholic Education Service guidance issued by the Bishops Conference of England and Wales 2017.

The statutory guidance from the Department for Education issued under Section 80A of the Education Act 2002 and section 403 of the Education Act 1996 Appendix A

The statutory guidance from the Department for Education Equality Act 2010.

Policy Development

This policy has been developed in consultation with staff, pupils and parents. The consultation and policy development process involved the following steps:

- Review Dominic Vernon (Head Teacher) and Paul Daly (RE and RSHE lead) reviewed the policy, referencing DfE statutory guidance and guidance from the Archdiocese of Liverpool.
- 2. Staff consultation all school staff were given the opportunity to look at the policy and make recommendations. (January 2021)
- Parent/stakeholder consultation parents and carers were invited to provide feedback on policy and provision for RSHE through an online survey due to COVID-19 restrictions in place at the time of the policy review (February 2021)
- 4. Pupil consultation we investigated what exactly pupils want from their Relationship Sex and Health Education through activities completed with sample groups of children focussing on what each aspect of the curriculum meant to them, and what they wanted the curriculum to cover (March 2021)
- 5. Ratification once amendments were made, the policy was shared with governors and ratified. (March 2021)

Definition

Relationship, Sex and Health Education involves a combination of sharing information, and exploring issues underpinned by our Catholic values.

Relationship Sex and Health Education is about the emotional, social and cultural development of pupils, and involves learning about personal relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.

Curriculum

We have developed our curriculum with recommendations from the Archdiocesan Education Department to ensure that they meet with Catholic Church teaching.

After consultation with parents, Relationship Sex Education will be covered using the Archdiocesan recommended resource 'Journey in Love' 2020. This includes sexual intercourse at Year 6. (See right of withdrawal)

We have considered the age, stage and feelings of pupils and have consulted with parents and staff to ensure we are offering a quality curriculum which is adequately catered to meet their needs.

We have adapted PSHE materials from a number of resources which enable both PSHE and RSHE objectives to be met (see Resources listed below and overviews attached in Appendix 4).

If pupils ask questions outside the scope of our curriculum, teachers will respond in an appropriate manner so they are fully informed and do not seek answers online.

Delivery of Relationship, Sex and Health Education (RSHE)

Relationship and Sex Education (RSE) is taught both discretely and within the Personal, Social and Health Education (PSHE) curriculum lessons. Some aspects of the RSHE curriculum may be touched upon in other lessons as it shares links with Religious Education, Science and Physical Education.

Our RSHE will ensure that content is relevant to the age, experience and maturity of pupils.

The new statutory guidance for Relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me.
- Caring friendships.
- Respectful relationships.
- Online relationships.
- Being safe.

These areas of learning are taught within the context of 'family life' and could include married or single parent families, same sex parents, families headed by grandparents, adoptive parents, foster parents/carers amongst other structures, along with reflecting sensitively that some children may have a support structure around them (for example: looked after children or young carers).

As a school, we promote equality of opportunity and foster good relations. Our school environment uniformly applies values of inclusion and respect to all pupils and their families. All staff are proactive in promoting positive relationships and receive regular training.

Equal Opportunities

All pupils have access to the RSHE curriculum. Where pupils have specific educational needs, arrangements for support from outside agencies and support staff are made to ensure these pupils have an appropriate, differentiated curriculum.

Roles and Responsibility

The Governing Body

• The governing body will approve the RSHE policy and hold the Headteacher to account for its implementation.

The Head Teacher

• The Head Teacher is responsible for ensuring that RSHE is taught consistently across the school and for managing requests to withdraw pupils from the non-statutory element of Relationship and Sex Education in Year 6* (see right of withdrawal)

Staff

- Staff do not have the right to opt out of teaching RSHE as this forms part of the Teaching Standards. Any staff who have concerns about teaching RSHE are encouraged to discuss this with the Head Teacher.
- Staff are responsible for:
 - Delivering RSHE in a sensitive way which complies with Church teaching.
 - Modelling positive attitudes to RSHE.
 - Monitoring progress.
 - Responding to the needs of individual pupils.
 - Responding appropriately to pupils whose parents wish them to be withdrawn from the non-statutory components of RSE.

Pupils

• Pupils are expected to engage fully in RSHE and, when discussing issues related to RSHE, treat others with dignity, respect and sensitivity.

Parents' right to withdraw

Parents have the right to withdraw their children from the non-statutory component of sex education in Year 6. This is where sexual intercourse is taught discretely as part of the physical aspect within Journey In Love, the Archdiocesan recommended resource.

Requests for withdrawal should be made in writing and addressed to the Head Teacher. The Head Teacher will discuss the request with parents and take appropriate action.

Alternative work will be given to pupils who are withdrawn from RSE.

Parents do not have the right to withdraw their children from Statutory Relationships Education as set out in the DFE guidance 2020.

Monitoring arrangements

The delivery of RSHE is monitored by Paul Daly (RE and RSHE lead), Dominic Vernon (Head Teacher) and Kathryn Long (Deputy Head Teacher) by undertaking learning walks, staff and pupil consultations, planning and work scrutiny and questionnaires.

Pupils' development in RSE is monitored by class teachers as part of our internal informal assessment systems.

This policy will be agreed annually by the governors and reviewed every three years.

Resources

- Jigsaw programme of study
- SEAL programme of study
- PSHE Association
- www.valuesmoneyandme.co.uk
- Journey in love
- A range of texts to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources
- Picture News / First News
- St John's Ambulance KS2 First Aid progression
- CEOP National Crime Agency Command: <u>www.thinkuknow.co.uk</u>

Appendix 1: Primary Relationships Education Statutory Learning Opportunities

Families and people who care for me

That families are important for children growing up because they can give love, security and stability	All years
The characteristics of healthy family life, commitment to each other, including in times of difficulty, protection and care for children and other family members, the importance of spending time together and sharing each other's lives	All years
That others' families, either in school or in the wider world, sometimes look different from their family, but that they should respect those differences and know that other children's families are also characterised by love and care	All years
That stable, caring relationships, which may be of different types, are at the heart of happy families, and are important for children's security as they grow up	All years
That marriage represents a formal and legally recognised commitment of two people to each other which is intended to be lifelong	Year 4, Year 5
How to recognise if family relationships are making them feel unhappy or unsafe, and how to seek help or advice from others if needed	Year 3, Year 4

Caring friendships

How important friendships are in making us feel happy and secure, and how people choose and make friends	All years
The characteristics of friendships, including mutual respect, truthfulness, trustworthiness, loyalty, kindness, generosity, trust, sharing interests and experiences and support with problems and difficulties	All years
That healthy friendships are positive and welcoming towards others, and do not make others feel lonely or excluded	All years
That most friendships have ups and downs, and that these can often be worked through so that the friendship is repaired or even strengthened, and that resorting to violence is never right	All years
How to recognise who to trust and who not to trust, how to judge when a friendship is making them feel unhappy or uncomfortable, managing conflict, how to manage these situations and how to seek help or advice from others, if needed	Key Stage 2

Respectful relationships

The importance of respecting others, even when they are very different from them (for example, physically, in character, personality or backgrounds), or make different choices or have different preferences or beliefs	All years
Practical steps they can take in a range of different contexts to improve or support respectful relationships	Key Stage 2
The conventions of courtesy and manners	All years
The importance of self-respect and how this links to their own happiness	Key Stage 2
That in school and in wider society they can expect to be treated with respect by others, and that in turn they should show due respect to others, including those in positions of authority	Key Stages 1 and 2
About different types of bullying (including cyberbullying), the impact of bullying, responsibilities of bystanders (primarily reporting bullying to an adult) and how to get help	All years

What a stereotype is, and how stereotypes can be unfair, negative or destructive	Key Stage 2
The importance of permission-seeking and giving in relationships with friends, peers and adults	Key Stage 2

Online relationships

That people sometimes behave differently online, including by pretending to be someone they are not	Key Stages 1 and 2
That the same principles apply to online relationships as to face-to face relationships, including the importance of respect for others online including when we are anonymous	Key Stage 2
The rules and principles for keeping safe online, how to recognise risks, harmful content and contact, and how to report them	All years
How to critically consider their online friendships and sources of information including awareness of the risks associated with people they have never met	Key Stages 1 and 2
How information and data is shared and used online	Key Stages 1 and 2

Being safe

What sorts of boundaries are appropriate in friendships with peers and others (including in a digital context)	Key Stages 1 and 2
About the concept of privacy and the implications of it for both children and adults; including that it is not always right to keep secrets if they relate to being safe	Key Stages 1 and 2
That each person's body belongs to them, and the differences between appropriate and inappropriate or unsafe physical, and other, contact	Key Stages 1 and 2
How to respond safely and appropriately to adults they may encounter (in all contexts, including online) whom they do not know	All years
How to recognise and report feelings of being unsafe or feeling bad about any adult	All years
How to ask for advice or help for themselves or others, and to keep trying until they are heard	Year 5, Year 6
How to report concerns or abuse, and the vocabulary and confidence needed to do so	Year 5, Year 6
Where to get advice from e.g. family, school and/or other sources	All years

Mental wellbeing

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That mental wellbeing is a normal part of daily life, in the same way as physical health	All years
That there is a normal range of emotions (e.g. happiness, sadness, anger, fear, surprise, nervousness) and scale of emotions that all humans experience in relation to different experiences and situations	All years
How to recognise and talk about their emotions, including having a varied vocabulary of words to use when talking about their own and others' feelings	All years
How to judge whether what they are feeling and how they are behaving is appropriate and proportionate	All years
The benefits of physical exercise, time outdoors, community participation, voluntary and service-based activity on mental wellbeing and happiness	All years

Simple self-care techniques, including the importance of rest, time spent with friends and family and the benefits of hobbies and interests	All years
Isolation and loneliness can affect children and that it is very important for children to discuss their feelings with an adult and seek support	Key Stage 2
That bullying (including cyberbullying) has a negative and often lasting impact on mental wellbeing	Key Stages 1 and 2
Where and how to seek support (including recognising the triggers for seeking support), including whom in school they should speak to if they are worried about their own or someone else's mental wellbeing or ability to control their emotions (including issues arising online)	Key Stage 2
It is common for people to experience mental ill health. For many people who do, the problems can be resolved if the right support is made available, especially if accessed early enough	Key Stage 2

Internet safety and harms

That for most people the internet is an integral part of life and has many benefits	All years
About the benefits of rationing time spent online, the risks of excessive time spent on electronic devices and the impact of positive and negative content online on their own and others' mental and physical wellbeing	Key Stage 2
How to consider the effect of their online actions on others and know how to recognise and display respectful behaviour online and the importance of keeping personal information private	Key Stages 1 and 2
Why social media, some computer games and online gaming, for example, are age restricted	Key Stage 2
That the internet can also be a negative place where online abuse, trolling, bullying and harassment can take place, which can have a negative impact on mental health	Key Stages 1 and 2
How to be a discerning consumer of information online including understanding that information, including that from search engines, is ranked, selected and targeted	Key Stage 2
Where and how to report concerns and get support with issues online	Key Stages 1 and 2

Physical health and fitness

The characteristics and mental and physical benefits of an active lifestyle	All years
The importance of building regular exercise into daily and weekly routines and how to achieve this; for example walking or cycling to school, a daily active mile or other forms of regular, vigorous exercise	All years
The risks associated with an inactive lifestyle (including obesity)	Key Stage 2
How and when to seek support including which adults to speak to in school if they are worried about their health	All years

Healthy eating

What constitutes a healthy diet (including understanding calories and other nutritional content)	All years
The principles of planning and preparing a range of healthy meals	Key Stages 1 and 2

The characteristics of a poor diet and risks associated with unhealthy eating (including, for example, obesity and tooth decay) and other behaviours (e.g. the impact of alcohol on diet	Key Stage 2
or health)	

Drugs, alcohol and tobacco

The facts about legal and illegal harmful substances and	Kay Stage 2
associated risks, including smoking, alcohol use and drug-taking	Key Stage 2

Health and prevention

How to recognise early signs of physical illness, such as weight loss, or unexplained changes to the body	Year 6
About safe and unsafe exposure to the sun, and how to reduce the risk of sun damage, including skin cancer	Key Stage 1
The importance of sufficient good quality sleep for good health and that a lack of sleep can affect weight, mood and ability to learn	Key Stages 1 and 2
About dental health and the benefits of good oral hygiene and dental flossing, including regular check-ups at the dentist	Year 1, Year 2, Year 3, Year 4
About personal hygiene and germs including bacteria, viruses, how They are spread and treated, and the importance of handwashing	Key Stages 1 and 2
The facts and science relating to allergies, immunisation and vaccination	Year 6

Basic first aid

How to make a clear and efficient call to emergency services if necessary	Key Stage 2
Concepts of basic first-aid, for example dealing with common injuries, including head injuries	Key Stage 2

Changing adolescent body

Key facts about puberty and the changing adolescent body, particularly from age 9 through to age 11, including physical and emotional changes	Year 5 and Year 6
About menstrual wellbeing including the key facts about the menstrual cycle	Year 5 and Year 6

Appendix 2: Come and See and Relationship and Sex Education



Introduction

The following is intended as a guide for linking Relationship and Sex Education with Come and See. Some of these aspects might be covered in the EXPLORE section where the topic is being introduced, starting with the pupil's own experience, and extending into the REVEAL and RESPOND sections. Some ideas may be used in the REVEAL process where the teaching is explicitly concerned with Scripture and the teaching of the Church. Some topics offer more explicit teaching to develop ideas about Relationship and Sex Education, some less so.

Another way of using this section is when teaching Religious Education which occurs in other aspects of the curriculum.

		EARLY YEARS
MYSELF	God knows and loves each one	 Each one's name is important I am special and have a special name I have a family name Everyone is precious to God
WELCOME	Baptism a welcome to God's family	 How we are made to feel welcome How do we show others that they are welcomed? How is a baby welcomed into a family
BIRTHDAY	Looking forward to Jesus' birthday	 Why do we celebrate birthdays? What a birthday is What people do while they wait for a birthday Some of the ways birthdays are celebrated
CELEBRATING	People celebrate in church	 Why is celebrating important? What is good about celebrating together? What a celebration is Different elements of celebration Different ways of celebrating
GATHERING	The parish family gathers to celebrate Eucharist	 Why do we gather together? How we gather as a church/parish family What are the things that are better done together and why The importance of gathering
GROWING	Looking forward to Easter	 The ways in which we grow That spring is a time when things begin to grow The ways in which we can grow in love to be more like Jesus
GOOD NEWS	Passing on the Good News of Jesus	 How they and others feel when they have good news. The joy and happiness the good news brings That everyone has good news to share
FRIENDS	Friends of Jesus	 how friends make us feel happy, comfortable and glad What breaks and mends friendships: It is good to have friends How we can change and say sorry and forgive each other
OUR WORLD	God's wonderful world	 How wonderful our world is How we could make God's world even more wonderful What would happen if we did not look after our world? What we love about our world. What fills us with wonder about our world. Everyone shares God's world. How we would feel if we did not work together to share God's world.

		YEAR 1
FAMILIES	God's love and care for every family	 How families show love and care for each other. God's love and care for them and their families. How God shows love and care for individuals, families and all of creation
BELONGING	Baptism an invitation to belong to God's family	 What it feels like to belong The experience of belonging to their family and the Church family How babies are welcomed into the Church family.? Parents are blessed.
WAITING	Advent a time to look forward to Christmas	 How we feel when we are waiting Why waiting can be difficult at times Others may help us as we wait We can help others.
SPECIAL PEOPLE	People in the parish family	 Special people help us What makes a person special How we can love and serve each other There are people who do special jobs at Mass when the parish family gathers Some of ways in which these people help
MEALS	Mass; Jesus' special meal	 What important for a happy meal What makes a family meal special. Preparation for a meal. How we love and serve Jesus How it is good to say thank you for our meals
CHANGE	Lent a time for change	 How the season change. The ways we change and grow in love and kindness. How we can change and make a new start in Lent.
HOLIDAYS AND HOLYDAYS	Pentecost: the feast of the Holy Spirit	 Why are holidays different from ordinary days What makes holidays happy times How holidays are times to relax and do something different We should thank God for holidays and our wonderful world
BEING SORRY	God helps us to choose well	 Making choices that help us feel happy. Making choices that make us feel unhappy. What helps us to make good choices. How would it be if everyone followed Jesus' new rule to 'love one another'. Sometimes hard to say sorry and to forgive. It is good to say sorry The end of the day is a good time to reflect on the choices made and to ask God's forgiveness.
NEIGHBOURS	Neighbours share God's world	 Who is our neighbour? What makes a good neighbour How we can be a good neighbour What happens if someone is not a good neighbour

YEAR 2			
BEGINNINGS	God is present	٠	How you feel when you begin anything new
	in every	•	Why some beginnings and easy and some are difficult
	beginning	•	How we begin our day
		•	How each day is a new beginning.
		•	God cares for everyone.
		٠	God being present in all new beginnings

SIGNS & SYMBOLS	Signs and symbols used in Baptism	 The meaning and importance of some symbols in life. The power of symbols to convey meaning Some of the signs and symbols in daily life
PREPARING	Advent; preparing to celebrate Christmas	 Why is it necessary to prepare? What would happen if you didn't prepare? How you feel when you are preparing for special times? What is the best way to prepare for Jesus' coming?
BOOKS	The books used in Church	The importance of books in our lives.The need for booksHow books can help us
THANKSGIVING	Mass a special time for saying thank you to God for everything, especially Jesus	 How you feel when you thank others How you feel when you are thanked Why we thank God our Father How the parish family can spread the message of thanksgiving and peace.
OPPORTUNITIES	Lent an opportunity to start anew in order to celebrate Jesus' new life	 How each day offers opportunities for good What helps a person choose well The opportunity of Lent offers to make a new start.
SPREAD THE WORD	Pentecost a time to spread the Good News	 The importance of messages in daily life The responsibility of passing on messages The new life of Jesus How the Holy Spirit helps Christians Jesus has promised us new life
RULES	Reasons for rules in the Christian family	 The importance for ourselves and others of keeping rules. How rules are necessary in life How it is sometimes hard to say sorry How it is sometimes hard to forgive others The good feeling when people make up The difference between doing something accidentally and on purpose. The importance and helpfulness of examining your conscience every day. A sorry prayer
TREASURES	God's treasure; the world	 What we treasure What treasures do we share? We are God's treasure How we thank God for the treasures of our world How we should treat the treasures of this earth

		YEAR 3
HOMES	God's vision for every family	 What makes a house a home What makes home a special place for you What makes a house a home Why is family important The respect of parents and children for one another What do you like to do at home, on your own and as a family What do people do for you at home, that makes you feel special What is sometimes difficult about sharing and being part of a group at home God's dream for every family God is always there
PROMISES	The meaning of the commitment and promises made at Baptism	 What is good about being in a group Why we have rules The importance of making promises How some promises are more difficult to keep than others The link between the promises made the consequences of actions following the promise. The role of parents and godparents in bringing up the child in the Faith What it means to live a child of the Light
VISITORS	The coming of Jesus	 How we welcome visitors How we feel as a visitor The importance of preparing for visitors. The joys and demands of visitors
JOURNEYS	Christian family's journey with Jesus	 Each year has its special times and seasons Life is a journey Who is with you on the journey What makes it good difficulties times in the life's journey What/who helps How we help one another on the journey
LISTENING & SHARING	Jesus gives himself to us in a special way	 The cost of sharing The joys of sharing The importance of listening well and sharing. The joys and difficulties of listening and sharing How feelings affect our own and others desire to listen and to share.
GIVING ALL	Lent a time to remember Jesus' total giving	 Why people are brave and give themselves to others The demands of total giving in terms of time and giving up something you what to do How people give themselves to others Those in need and how we might help them. Lent: an opportunity for giving, growing in goodness. Jesus' total giving
ENERGY	Gifts of the Holy Spirit	 The energy of wind and of fire. The best use of power of wind and fire The inspiration of the Holy Spirit The power and energy of the Holy Spirit The prayer to the Holy Spirit The gifts of the Holy Spirit Christians can use the gifts of the Holy Spirit to help others.
CHOICES	The importance of examination of conscience	 The meaning of choice and consequence The importance of making good choices What helps in making good choices Consequences of choices What it means to examine your conscience How God is always forgiving

SPECIAL PLACES	Special places for Jesus and the Christian community	 How places become special? What makes a place special? Special places for you and your family? Why is our heart a special place? Keeping our world a special place? Why do Christians want to keep the world a special pace?
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		YEAR 4
PEOPLE	The family of God in Scripture	 The importance of families Family relationships Respect for those who gave us life.
CALLED	Confirmation a time to renew baptismal promises	 Our response to being chosen What it feels like to be chosen Why it is difficult to make a response in some situations Giving up something else when you are chosen. What help do you need to chose The work of the Holy Spirit in our lives The work of the Holy Spirit in the lives of Christians What it is to live in the light of Christ The commitment of people who respond to the call of God
GIFT	God's gift of love & friendship in Jesus	 What you value most about the gift of friendship What you offer others in your friendship Why the gift of love and friendship is important The joys and demands of friendship The commitment required by the gift of love and friendship.
COMMUNITY	life in the local Christian community: ministries in the parish	 The meaning of <i>community</i> The advantages of being part of a <i>community</i>? What helps to build up <i>community</i> The demands of being part of a community? Why people give time and service in helping others in their community The causes of a breakdown of a <i>community</i> How the parish community celebrates together and supports one another
GIVING & RECEIVING	Living in communion	 Your experience of giving and receiving. The importance of giving and receiving? The joys and demands of giving and receiving? Why it is important to live in communion Ways in which we live and grow in communion. How the Eucharist challenges and enables living and growing in communion?
SELF DISCIPLINE	Celebrating growth to new life	 The experience of giving up something and be very disciplined for a good reason. How to be self-disciplined How self-discipline helps people to grow and make the best use of their potential Lent; the opportunity to make change and to prepare for Christ's Resurrection on Easter Sunday.
NEW LIFE	To hear & live the Easter message	 What you do when life is difficult The experience of good news bringing life and happiness. How the power of the Holy Spirit helps Christians today

BUILDING BRIDGES	Admitting wrong, being reconciled with God and one another.	 What makes friendships strong How decisions about friendship are informed by beliefs and values. How friendships are built How friendships may be restored when they have been broken Sin and the importance of examining of your conscience The greatest commandment, love of God and others The meaning of contrition and of absolution Forgiveness of others
GOD'S PEOPLE	Different saints show people what God is like.	 What makes a person do extraordinary things? How ordinary people do extraordinary things. The qualities you admire in others How true happiness can be found How you can do extraordinary things

		YEAR 5
OURSELVES	Created in the image and likeness of God	 Talents and qualities you admire in others Your own talents and qualities and how you use them Identify qualities in anyone else How talents and qualities are developed. We are made in the likeness of God What being unique means God's love for us How Christians are called to live in peace. How people are made in God's image and likeness might live
LIFE CHOICES	Marriage, commitment and service	 The ingredients of a good friendship What fidelity means and how it applies to friendship Responsibilities friends have for one another Difficulties and joys of friendships What is important for friendship to thrive What it feels like to have faithful friend Jesus' advice about relationship? The importance of fidelity, loyalty and commitment in maintaining a friendship The importance of commitment and responsibility in relationships. What is means to be committed The work of Christian service The Sacrament of Marriage The symbols of the promises and the blessing of rings All are called to live in love and service
HOPE	Advent; waiting in joyful hope for Jesus; the promised one	 Your experience of waiting How people wait in different ways, for different things. Why waiting is a mystery How you can best use the time you spend waiting and what might help you What you think about when you are waiting for something exciting How you behave when you are waiting The difference between <i>hope</i> and <i>expect</i> Why people wait with hope The coming of Jesus at the end of time Advent is a time of waiting hopefully

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MISSION	Continuing Jesus' mission in diocese. [ecumenism]	 The demands and joys being dedicated in your mission Discovering your mission? What inspires people in their mission The joys and demands of engaging in a mission The reasons why people what to help others. How people carry out Jesus' mission today Jesus' prayer for unity
MEMORIAL SACRIFICE	The Eucharist; the living memorial of Jesus	 Why memories are important How it is possible to keep important memories alive About sacrifice in daily life
SACRIFICE	Lent a time of giving in order to celebrate the sacrifice of Jesus	 How you feel when you give How you feel when you refuse to give. The cost of giving. How people decide whether or not to give How those decisions are informed by beliefs and values The costs or rewards of giving can be That Lent is a season of giving to prepare for the Easter
TRANSFORMATION	Celebration of the Spirit's transforming power	 How people can use the energy of their minds for the good of others. How people can use time and physical energy for the well-being of others and why they should. How energy can transform How we can use our energy to transform ourselves How we can use the energy from the earth's resources in a fair and sustainable way. How the power of the Holy Spirit helps Christians today
FREEDOM & RESPONSIBILITY	Commandments enable Christians to be free & responsible	 What freedom parents have a right to What freedom children have a right to What is responsible and irresponsible behaviour? How rules can bring freedom How people know the boundaries that their personal freedom gives them. How freedom and responsibility are linked. How people's perception of what their freedom allows may conflict with the expectation of others. How importance of the Ten Commandments for Christians today. How the Beatitudes show us a positive way of life. Jesus teaching on the greatest commandments, love of God and others.
STEWARDSHIP	The Church is called to stewardship of Creation	 What I really care about Showing concern for what I care for The meaning of stewardship Understanding the wonders of God's creation People are made in the image and likeness of God Christians can be good stewards. The Christian's responsibility to take care of, to be a steward of the earth The importance of ecology

		YEAR 6
LOVING	God who never stops loving	 What unconditional love means How love is shown How you are loved and cared for What members of your family do for each other How you show love to others How people have inspired and influenced you to show unconditional love to others What it means to be truly loving How people show unconditional love to others The beliefs and values which have inspired and influenced you to be loving? The scripture text that demonstrate God's unconditional love for everyone even when times are hard. The challenge these passages present to Christians. The Beatitudes and their meaning for today. God's unconditional love and what this means. By living in God's way, as Jesus showed us, we can grow in love.
VOCATION AND COMMITMENT	The vocation of priesthood and religious life	 What it means to be committed? Why people are committed? The implications of lack of commitment Whom shows commitment How commitment affects the level of job satisfaction Responding to the call of Jesus Our mission in living out our baptismal vows
EXPECTATIONS	Jesus born to show God to the world	 The expectations you have of yourself Having high expectations of others Trusting and believing in one another What happens if you let people down or others let you down? Patience is important in expectations The difference between wishing and expecting. The meaning of Advent
SOURCES	The Bible, the special book for the Church	 The kind of books which are the most helpful Our lives are enriched by books. The wonder of books and how they take a person beyond themselves The presence of God in the words of Scripture The care and reverence with which the Word of God is treated
UNITY	Eucharist enables people to live in communion.	 Why friendships are important The most important value in friendship What helps a friendship to flourish The kinds of behaviour that break a friendship Those affected when a friendship is broken Mending broken friendships Becoming one with Christ and one another in Holy Communion The unity which Holy Communion brings
DEATH & NEW LIFE	Celebrating Jesus' death and resurrection	 The effect of loss in everyday life The change it brought What remained the same What is the best way to cope with loss How people cope with loss and death How death brings new life Lent, a time to remember the suffering and death of Jesus

	The Holy Spirit	When to be a witness
WITNESSES	enables people	How to be a witness
	to become	Why it sometimes needs courage to be a witness
	witnesses	Examples of modern witnesses
		The witness of a local charity,
HEALING	Sacrament of	Showing compassion and care for those who are ill
	the Sick	Our attitude towards those people are ill in their minds
		 Helping, caring and understanding those with a learning disability.
		What gives a person comfort when they are very ill
		 Why people give time and commitment to caring for others
		Why we care for the sick
		The Sacrament of Anointing brings comfort to those who are sick
		The Christian responsibility for caring for these in need
COMMON GOOD	Work of	How we build a fair and just world
	Christians for the good of all	The difference between fairness and justice, unfairness and injustice
	geed et en	 Helping to promote the dignity and common good of one another
		• Beatitudes; a guide from Jesus about how to live life.
		The ways we can act justly, love tenderly and walk humbly with God
		How Christians can work for the common good
		Something about Catholic Social Teaching

Appendix 3: Statutory Science Curriculum

Early Years Foundation Stage children learn about life cycles. Through on-going personal, social and emotional development, they develop the skills to form relationships and think about relationships with others.

In Key Stage 1, children learn:

- That animals, including humans, move, feed, grow and use their senses and reproduce
- To recognise and compare the main external parts of the bodies of humans
- That humans and animals can reproduce offspring and these grow into adults
- To recognise similarities and differences between themselves and others
- To treat others with sensitivity

In Key Stage 2, children learn:

- That the life processes common to humans and other animals including nutrition, growth and reproduction
- About the main stages of the human life cycle



Appendix 4: RSHE, personal development, wellbeing and citizenship Overview

At St Vincent's Catholic Primary School, the physical and emotional well-being of our children is a priority. We place a great deal of importance on RSHE, personal development, wellbeing and citizenship as a Catholic school and it is embedded in our ethos as defined in the Mission Statement and Aims of the school:

Our Mission Statement: To love, serve and learn as Jesus shows us.

Our Aims:

To support everyone in our school to achieve their full potential and to be inspired to learn To reach out to our community and the world around us and respond in love and service To follow the example of Jesus in our actions and interactions

We nurture and educate our pupils in order to help them develop the knowledge, understanding and skills needed to live happy, healthy and successful lives, now and in the future. Central to our RSHE, personal development, wellbeing and and citizenship teaching and learning is the promotion and nurturing of our pupils spiritual, moral, social and cultural development. These aspects of the curriculum are taught through a range of implicit and explicit learning opportunities and is embedded throughout the curriculum. Objectives are covered during discreet lessons using resources from the following:

- Jigsaw programme of study
- SEAL programme of study
- PSHE Association
- www.valuesmoneyandme.co.uk
- Journey in love
- A range of texts to teach The Equalities Act and celebrate difference and diversity across the curriculum
- CAFOD Resources
- Picture News / First News
- St John's Ambulance KS2 First Aid Pathway

Objectives are also covered across the curriculum e.g. Come and See, Science, English, History, Geography, Music, Art and PE. Whole school events such as assemblies, enrichment activities, trips and visits/visitors and Church services throughout the year also enhance this provision further. Fundamental British values are promoted through cross curricular links, through the work of the school council and through the overall aims and objectives of the school which underpin the school Mission Statement. Throughout the year, whole school assemblies focus on each of the British Values as part of our ongoing exploration of our School Values. Many of these values are reinforced through our Religious Education programme, Come and See, and children have regular opportunities to explore them further through collective worship.

Democracy:

Pupils are listened to by adults and are taught to listen carefully and with concern to each other, respecting the right of every individual to have their opinions and voices heard. Pupils also have the opportunity to air their opinions and ideas through our School Council and regular questionnaires / interviews:

- The elections of the School Council members are based solely on pupil votes, reflecting our British electoral system and demonstrating democracy in action.
- Focussed activities based around the General Election and EU referendum in a range of classes, including debates, mock elections and votes. Brexit discussions have taken place in Year 5 and 6.

Linking to the wider curriculum, our democratic society has been analysed and compared to other societies, historically and in the present day.

Individual Liberty:

Within school, pupils are actively encouraged to make choices, knowing that they are in a safe and supportive environment. As a school we educate and provide boundaries for our pupils to make choices safely, through the provision of a safe environment and an empowering education.

- NSPCC, PCSO, fire brigade, school nurse session
- Our pupils are encouraged to know, understand and exercise their rights and personal freedoms and are advised how to exercise these safely, for example:
- E-safety lessons and ongoing focus during computing lessons.
- Whether it is through choice of challenge, how they record, or participation in numerous extra-curricular activities, our pupils have the freedom to make choices.

The Rule of Law:

The importance of laws whether they are those that govern the class, the school or the country, are consistently reinforced throughout regular school days, as well as when dealing with behaviour:

- School rules are clearly displayed throughout school and consistently applied, with a clear progression of rewards and consequences.
- Visits from authorities such as the Police, Fire Service, etc. are regular and help to reinforce that importance of laws to govern and protect us.

Mutual Respect:

All members of the school community treat each other with respect and pupils understand that respect needs to be shown to everyone, whatever differences we may have. This is reiterated through our School Mission Statement – children, parents, staff and Governors were involved in reviewing and writing this. Annually we revisit the Mission Statement and provide children with a range of opportunities to discuss and explore this. Respect for others is reiterated through:

- Our school rules,
- Behaviour policy.

This value underpins our work every day, both in and out of the classroom.

Tolerance of Those With Different Faiths And Beliefs:

This is achieved through enhancing pupils understanding of their place in a culturally diverse society and by giving them opportunities to experience such diversity. Assemblies and discussions involving prejudices and prejudice-based bullying have been followed and supported by learning in Come and See and PSHE. The Come and See programme provides two opportunities throughout the year to explore the beliefs of other faiths and religions, which include Judaism, Hinduism and Islam, and to explore the similarities to Christianity as well as the differences.

- Work focussed on charities such as CAFOD when fund raising
- Other class topics provide opportunities to learn about different cultures

	Autumn 1		Autumn 2	Spring	1		Spring 2	Summer	1	S	Summer 2
Reception	Being in My W	/orld	Celebrating Differences	Dreams and	l Goals	н	lealthy Me	Relationsh	ips	Мо	ney and Me
Come and See (RE)	Myself We	lcome	Judaism Birthday	Celebrating	Gath	ering	Growing	Good News F	riends	Islam	Our World
PSHE	Myseir Welcome SEAL: New Beginnings • Creating a safe place/ community • Managing own feelings JIGSAW: Being me in my world		eating a safe place/ nmunity naging own feelings SEAL: Say no to bullying		 SEAL: Going for Goals Solving problems Setting own goals and learning from own successes JIGSAW: Dreams and Goals I can tell you how I felt when I succeeded in a new challenge and how I celebrated it I know how to store the feelings of success in my internal treasure 		Good to Be Me oblem solving in gifts and talents /- Healthy Me an tell you why I ak my body is azing and can ntify some ways to ep it safe and althy an recognise how ng healthy helps to feel happy.				MONEY AND ME:
RSE: Journey in Love	The wonder of being	special an	nd unique: Social &	The wonder of be		and unique	e: Physical	The wonder of being special and unique: Spiritual			Spiritual
Equality and Diversity	Emotional Text: You Choose by Sharratt and Pippa Goodheart • To say what I th		Text: Red Rockets and Rainbow Jelly by Sue Hear and Nick Sharratt • To understand that it's OK to okay to like different things	Emily GravettTo make frie	 Text: Blue Chameleon by Emily Gravett To make friends with someone different 		e Family Book by arr understand that all hilies are different	Text: Mommy Mama and Me • To celebrate my family			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD (activity t Focus of trade Picture My Fair Tra shopping Picture My Children's assem	global Sharing our worl book. Goal 6 (4,5,1) in fair Live simply phot e. pack y World Picture my Worl rade Interactive game. Advent Calenda y world World Gift Storie s rights and assembly.	 Meet the children My Family My Global Family. r Sharing our world s goal 8 	Have y Sharii World 8 day a ska Climate scheme Global A pa	ng Our Goal 7. ssembly etch Change of work. -Z photo ck. en poster	Fast day stories. https://www.cafod .org.uk/primary Walking for water /Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work.	Picture My World – about CAFOD Emergencies			Picture My World – Peru Pack Sharing our World Focus on Fairtrade
Further personal development opportunities	H Wo E Dis CAFOD – unders PCSO –		Children's Mental Health Week Safer-Internet Day PCSO – E-safety Junior Safety Officer assemblies and competitions				Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week				
				Fundraising	opportunitie lass roles a	s – local, r	national and global				

	Autumn 1		Autumn 2 Sprin		Spring ²	1	;	Spring 2	Sumr	ner 1	Summer 2	
Year 1	Being in N	ly World	Celebrating Differences		Dreams and	Dreams and Goals		ealthy Me	Relationships		Money and Me	
Come and See (RE)	Families	Belonging	Judaism	Waiting	Special People Meals Change		Holidays and Holydays	Being Sorry	Islam	Neighbours		
PSHE	 SEAL: New Beginnings Creating a safe place/ community Managing own feelings SEAL: Friendships Managing own feelings SEAL: Say no to bullying JIGSAW: Celebrating Differences I can tell you some ways I am different from my friends I understand these differences make us all special and unique 		 Solving proble Setting own g learning from successes JIGSAW: Dreams a Goals I can tell you I when I succes new challenge how I celebrat I know how to feelings of suc my internal tree 	 I can tell you why I think my body is amazing and can identify some ways to keep it safe and how I celebrated it I know how to store the feelings of success in my internal treasure I can tell you why I think my body is amazing and can identify some ways to keep it safe and healthy I can recognise how being healthy helps me to feel happy. 		 SEAL: Relationships and Changes Important people Feeling loved and cared for Understanding/ sharing feelings JIGSAW: Relationships I can tell you why I appreciate someone who is special to me and express how I feel about them VALUES, MONEY AND ME: Charity Job 		NEY AND ME:				
RSE theme	We meet God's	love in our far	nilv: Social & F	motional	chest We meet God's lov	e in our far	nilv [.] Physi	cal	We meet God	s love in our fa	mily: Spiritual	
Equality and Diversity	We meet God's love in our family: Social & Emotional Text: Elmer by David Mckee • To like the way I am Rickerty • To play with boys a girls			ates by Mike d Simon	Do It by Ariane H Maniyar • To recognis		at's Not How You Ariane Hofman- recognise that ple are different	 Text: Max the Champion by Sean Stockdale, Alexandra Strick and Ros Asquith To understand our bodies work in different ways 		 Text: My World, Your World To understand we share the world with lots of people 		
CAFOD Resources	Picture My Wor – Meet the children. Real life stories A Portrait of Me A-Z Global pho pack Y cards Harvest Feast Day Resources	activity Focus 5. tra 6. Picture M to Fair shoppin c Picture I Childrer	y book. on fair Liv de. My World Pie Trade g game. Ac My world Wo i's rights a	aring our world Goal ve simply photo pack cture my World Interactive dvent Calendar orld Gift Stories ind assembly. Advent charity	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				different ways Picture My World – about CAFOD Emergencies		S	Picture My World – Peru Pack Sharing our World Focus on Fairtrade
Further personal development opportunities	Resources assembly. Advent charity Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week			Children's Mental Health Week Safer-Internet Day PCSO – E-safety			Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week					
					Fundraising C	opportunitie lass roles a	es – local, i nd respon	and competitions national and global sibilities es: School Councillor	S			

	Autumn 2	1	Au	tumn 2	Spring	1		Spring 2	Sumr	ner 1	Summer 2		
Year 2	Being in My V	Vorld		ebrating erences	Dreams and	Goals	Н	ealthy Me	Relatio	nships	Mone	Money and Me	
Come and See (RE)		gns and ymbols	Judaism	Preparations	Books	Thank	sgiving	Opportunities	Spread the Word	Rules	Islam	Treasures	
PSHE	SEAL: New Beginnir Belonging the class/communi Managing/explo feelings JIGSAW- Being in M	ngs ity oring	out Friends Manag Seeing view SEAL: Say I JIGSAW: Co Differences I can ic ways ir friend i me I can te	ing anger another point of no to bullying elebrating dentify some n which my s different from ell you why I his difference	 SEAL: Going for gc Learning in di ways Setting and re goal, aspiratic targets Overcoming distractions ar responsibility behaviour JIGSAW: Dreams a the ways I wo cooperatively group to creat product I can express to be working this group 	fferent eaching a nal nd taking for own and Goals some of rked in my e the end how it felt	 Proi Own stre weat JIGSAW I ca heaa exp goo I ca feel 	ood to be me blem solving n gifts and talents, ngths and aknesses : Healthy Me n make some lthy snacks and lain why they are d for my body n express how it s to share healthy d with my friends	SEAL: Relation changes Important Managing understar feelings Making ct understar right and Making ct and resolv JIGSAW: Rela I can iden the things conflict be and my fri I can dem to use the problem s technique	 SEAL: Relationships and changes Important people Managing and understanding own feelings Making choices, understanding what is right and wrong Making change happen and resolve conflict JIGSAW: Relationships I can identify some of the things that cause conflict between me and my friends I can demonstrate how to use the positive problem solving technique to resolve conflicts with my 		VALUES, MONEY AND ME: Hero or Zero VALUES, MONEY AND ME: Finders keepers (KS1)	
RSE theme	We meet God's love	e in the cor	nmunity: Soci	al and emotional	We meet God's love in the community: Physical				We meet God's love in the community: Spiritual				
Equality and Diversity	Text: The great Big families by Mary Hof and Ros Asquith To understand diversity is	ffman	Jeanne Willi To und	rst Slodge by is lerstand how we he world			Gravett To l make 			onaldson and	 Text: Blown Away by Rob Biddulph To be able to work with everyone in my class 		
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD (activity b Focus on trade. Picture M Fair Trad shopping Picture M Children': assembly	ook. G fair L ly World P le Ir game. C ly world V srights a /. g	haring our world Goal ive simply photo ack ficture my World nteractive Advent calendar Vorld Gift Stories nd assembly. CAFOD world ifts. dvent charity	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				Picture My Wo – about CAFO Emergencies		Pe Sh	cture My World – eru Pack haring our World ocus on Fairtrade	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week				
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors						

	Autumn	1	A	utumn 2	Spring 1			Spring 2	Sumr	mer 1	S	ummer 2
Year 3	Being in My	World		elebrating fferences	Dreams and	Goals	н	ealthy Me	Relationships		Mor	ney and Me
Come and See (RE)	Homes P	romises	Judaisr	n Visitors	Journeys		ng and Iring	Giving All	Energy	Choices	Islam	Special Places
PSHE	 SEAL: New Beginn Feeling valued The need for r responsibilities society Coping with ar exploring feelin JIGSAW: Being me world 	d rules and s in nd ngs	out SEAL: Sa JIGSAW: Differenca • I car time affeo feeli cons • I car com	etting on and falling by no to bullying Celebrating es tell you about a when my words ted someone's ngs and what the sequences were give and receive pliments and know this feels	 SEAL: Going for Go Consequences Self as a learn Reaching/achi- goals JIGSAW: Dreams a I can evaluate learning proces- identify how it i better next tim. I am confident sharing my sud with others and how to store m feelings of suc my internal tre- chest 	er eving nd Goals my own ss and can be e in ccess d know y ccess in	 Ass. Und mar (wol JIGSAW: I can peol nee and stra mys who I can peol nee and stra I can peol nee and I can bein feels FIRST Al Call Hea 		Changes Managing understar feelings Taking re Understar importanc along with exclusion discrimina JIGSAW: Rela I can expl of the act of people world help influence can show awarenes	 SEAL: Relationships and Changes Managing and understanding own feelings Taking responsibility Understanding the importance of getting along with others – exclusion and discrimination JIGSAW: Relationships 		MONEY AND ME: K1/2)
RSE theme	How we live in love				How we live in love: Physical		Text: The Hueys in the New		How we live in love: Spiritual Text: We're All Wonders by		T	
Equality and Diversity	Text: Beegu by Ale: Deacon • To be welcom		 Text: This is Our House by Micheal Rosen To understand what discrimination means 		Text: Two Monsters by David Mckee • To Find a Solution to a Problem		Jumper b • To u help	 Hueys in the New by Pliver Jeffers use strategies to o someone who s different 	ffers RJ Palacio es to • To understand how			
CAFOD Resources	Picture My World – Meet the children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast Day Resources	CAFOD (activity b) Focus on trade. Picture M Fair Trad shopping Picture M Children' assembly	ook. fair ly World e game. ly world s rights	Sharing our world Goal Live simply photo pack Picture my World Interactive Advent Calendar World Gift Stories and assembly. CAFOD world gifts. Advent charity e.g. St Rocco's	Picture My Word – Meet the children My Family My Global Family. Sharing our world goal 8				Picture My Wo about CAFOD Emergencies Millennium dev goals making t a fairer place. CAFOD www.caford.or Ols Child's guide to Who is my neig One day, one wideo	rld – /elopment he world g.uk/scho o CAFOD- ghbour?		Picture My World – Peru Pack Sharing our World Focus on Fairtrade

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week				
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors						

(††)	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	
Year 4	Being in My World	Celebrating Differences	Dreams and Goals	Healthy Me	Relationships	Money and Me	
Come and See (RE)	e People Called	Judaism Gift		iving and Self-discipline eceiving	New Life Building Bridges	Islam God's People	
PSHE	SEAL- New Beginnings • Feeling welcomed and valued • Managing and understanding own feelings JIGSAW: Being Me in My World	 SEAL: Getting on and falling out Taking turns and working together Managing anger Seeing another point of view SEAL: Say no to bullying JIGSAW: Celebrating Differences I can tell you a time when my first impression of someone changed as I got to know them I can explain why it is good to accept people for who they are 	ReceivingSEAL- Going goalsSEAL- Good to be meUnderstanding goals and consequencesAchieving goals – perseveranceAchieving goals – perseveranceSelf as a learnerAchieving goals – perseveranceCoping with worries, feelings and angerJIGSAW: Dreams and GoalsJIGSAW: Healthy MeI know how to make a new plan and set new goals even if I have been disappointedJIGSAW: Healthy MeI know what it means to be resilient and to have a positive attitudeI can identify feelings of anxiety and fear associated with peer pressure		SEAL: Relationships and changes Important people Loss and bereavement Understanding responsibility/guilt Understanding feelings Belonging to a group Understanding change and responses to change JIGSAW: Relationships	VALUES, MONEY AND ME: Costing the Earth (KS1/2)	
RSE theme	God loves us in our differe	nces: Social & Emotional	God loves us in our differer		God loves us in our differences: Spiritual		
Equality and Diversity	Text: Red: A Crayon's Story by Michael Hall • To be who you want to be		Text: Dogs Don't Do Ballet by Anna Kemp and Sara Ogilvie • To know when to be assertive	Text: The Flower by John Light • To ask questions	 Text: King and King by Linda de Hann and Stern Nijland To understand why people choose to get married 	 Text: The Way Back Home by Oliver Jeffers To overcome language as a barrier 	
CAFOD Resources	 Meet the activities Children. Real life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast 	re My World Trade bing game. re My world re My world re n's rights Are My world My world	Picture My Word – Pictu Meet the children – My Family Have My Global Family. Shari Sharing our world Worl goal 8 8 4ay sketto Clima sche Glob	ate Change Sharing our me of work. World- Goal 8. al A-Z photo Lenten calendar. Picture My World- Stories.	Picture My World – about CAFOD Emergencies Millennium development goals place.	ment Peru pack. Making the fairer Sharing our world. Live simply. Focus on ford.org.u fairtrade.	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week			
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors					

(***)	Autumn 1		Autumn 2 Sp		Spring 1 Spring 2		Summer 1		Summer 2		
Year 5	Being in My World		Celebrating Differences Dreams and G		Goals	Healthy Me		Relationships		Money and Me	
Come and See (RE)	Ourselves Life	Choices	Judaism Hope	Mission		norial rifice	Sacrifice	Transformation	Freedom and Responsibility	Islam	Stewardship
PSHE	SEAL: New Beginnings • Feeling welcome and valued • Creating a community • Strategies to control own feelings JIGSAW: Being Me in My World		JIGSAW: Celebrating Differences I can explain the JIGSAW: Celebrating mine and car		ioals SEAL: Good to be me ective • Understanding and managing own feelings • Bereavement and loss igges • Strategies to cope with disagreements and JIGSAW: Healthy Me • I can describe the different roles food can play in people's lives and can explain how		 SEAL: Relationships and changes Friendships and stereotypes Managing and understanding feelings Insecurities around change JIGSAW: Relationships I can explain how to stay safe when using technology to communicate with my friends I can recognise and resist pressures to use technology in ways that may be risky or cause harm to myself or others 		VALUES, MONEY AND ME: Do You need it? (KS2)		
RSE theme	God loves me in my Emotional	od loves me in my changing and development: Social &			God loves me in my changing development: Physical			God loves me in my changing development: Spiritual			
Equality and Diversity	Text: How to Heal a Broken Wing by Bob GrahamText: Where the Poppies Grow Now by Hilary Robinson and Martin Impey • To learn from our past		Text: The Artist Who Painted a Blue Horse by Eric CarleText: Rose Blanche by Lan McEwan and Roberto Innocenti• To appreciate artistic freedom• To justify my actions		Text: And Tango Makes Three by Justin Richardson and Peter Parnell • To accept people who are different than me						
CAFOD Resources	Picture My World – Meet the children.CAFOD global activity book.Sharing our world GoalReal life stories. A Portrait of Me. A-Z Global photo pack Y cards Harvest Feast DayFocus on fair trade.Live simply photo pack Picture My World Fair Trade shopping game.Live simply photo pack Picture my World Interactive Advent Calendar 		 Meet the children My Family My Global Family. Sharing our world 	Picture My World – Have your say. Sharing Our World Goal 7. 8 day assembly sketch Climate Change scheme of work. Global A-Z photo pack. Go Green poster pack.		Fast day stories. https://www.cafod .org.uk/primary Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Picture My World about CAFOD Emergencies Millennium development go making the world fairer place. CAFOD www.caford.org. schools Child's guide to CAFOD- Who is my neighbour? One day, one world - video	develop Goals - M the worl fairer pla uk/scho	ment Vaking d a ace. <u>ford.org.</u>	Picture my world- Peru pack. Sharing our wolrd. Live simply. Focus on fairtrade. Universal Church topic- resources at: <u>www.caford.org.u</u> <u>k</u>	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week World Mental Health Day Black History Month Disability History Month CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Children's Mental Health Week Safer-Internet Day PCSO – E-safety	Mental Health Awareness Week Disability Awareness Day Other faith week Sports Day Enterprise Week					
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: School Councillors, Play Leaders and Junior Safety Officers PLEDGE award							

(†)	Aut	umn 1	Au	tumn 2	Spring 1 Spring 2		Spring 2	Summer 1		Summer 2		
Year 6	Being in	My World		ebrating erences	Dreams and Goals Healthy Me		Relationships		Money and Me			
Come and See (RE)	Loving Vocation	Vocation Commitment	Judaism	Expectations	Sources	Ur	nity	Death and New Life	Witnesses	Healing	Islam	Common Good
PSHE	valuedCreatinStrateg feelings	welcomed and g a community ies to control	relatio Conflic Under dealing Seeing perspective SEAL: Say JIGSAW- C Differences I can e which be a s or a ca celebr show e	Iships and nships ct resolution standing and g with anger g another ective no to bullying celebrating : explain ways in difference can ource of conflict ause for ation and can empathy with e in either	 SEAL: Going for Goals Self as a learner Setting achievable goals/challenges JIGSAW: Dreams and Goals: I can describe some ways in which I can work with other people to help make the world a better place I can identify why I am motivated to do this I can tell you how I feel about using alcohol when I am older and my reasons for this FIRST AID: Calling for help Head injuries 		 changes changes Friendships and stereotypes Understanding and managing feelings Understanding and managing feelings Understanding and managing feelings JIGSAW: Relationships I can recognise when people are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control I can demonstrate ways I could stand up for myself and my friends in situations where others are trying to gain power or control 		VALUES, MONEY AND ME: A Fair Days Pay KS2 FIRST AID: Basic life support			
RSE theme	The wonder Emotional	wonder of God's love in creating new life: Social &		The wonder of God's love in creating new life: Physical		The wonder of God's love in c		creating new life: Spiritual				
Equality and Diversity	Text: My Princess Boy by Text: The Island by Armin Cheryl Kilodavis and Greder Susanne DeSimone To promote diversity			Text: Love You Forever by Robert Munsch • To consider how my life changes as I grow up		Text: The Whisperer by Nick Butterworth • To stand up to discrimination		Text: Dreams of Freedom by Amnesty International • To recognise my freedom				
CAFOD Resources	Picture My V – Meet the children. Real life stor A Portrait of A-Z Global p pack Y cards Harvest Fea Day Resources	activity b Focus of trade. Me. Picture M hoto Fair Trades shopping	oook. Confair L My World F de Ili g game. A My world V 's rights a y. G A	Sharing our world Goal Live simply photo wack Picture my World nteractive Advent Calendar Vorld Gift Stories und assembly. CAFOD world jifts. Advent charity e.g. St Rocco's	Picture My Word Picture My World Fast d - Meet the - https:// children Have your say. .org.uk My Family Sharing Our Walkir My Global World Goal 7. ppt Family. 8 day assembly Walkir Sharing our world sketch with C. Global A Climate Change Sharin goal 8 Scheme of work. Global A-Z photo Go Green poster World- Link to Go Green poster Link to pack. Link to		Fast day stories. https://www.cafod .org.uk/primary Walking for water ppt Walking together with CAFOD ppt. Sharing our World- Goal 8. Lenten calendar. Picture My World- Stories. Link to Lenten charity work. Eg. Mission together.	Picture My Wor – about CAFOE Emergencies Millennium development goals making th world a fairer place. CAFOD www.caford.org k/schools Child's guide to CAFOD- Who is my neighbour? One day, one world – video	developr Goals -N the work place. www.caf k/school	ment Making d a fairer ford.org.u <u>s</u> 1 1 2	Picture my world- Peru pack. Sharing our wolrd. Live simply. Focus on fairtrade. Universal Church topic- resources at: <u>www.caford.org.u</u> <u>k</u>	

Further personal development opportunities	Mission Week Harvest celebration Judaism Week Mental Health Awareness CAFOD – understanding the effect of climate change PCSO – Bonfire / Halloween safety Anti-bullying week	Safer-Internet Day PCSO – E-safety	Other faith week Sports Day Enterprise Week School Nurse visit – puberty Residential visit				
	Junior Safety Officer assemblies and competitions Fundraising opportunities – local, national and global Class roles and responsibilities Whole school roles and responsibilities: Team Captains, School Councillors, Play Leaders, Special Friends to Reception children PLEDGE award						