

St Vincent's Catholic Primary

School Newsletter



To love, serve and learn as Jesus shows us

Friday 13th May 2022

WEEKLY ATTENDANCE

Week ending: 29/04/2022

Year Group	Attendance
Reception	95%
Year 1	97%
Year 2	98%
Year 3	100%
Year 4	99%
Year 5	97%
Year 6	93%

Well done to Year 3 class who had the best attendance

DATES FOR THE DIARY

	<u>Events</u>	<u>Clubs</u>
Mon 16th	Celebration Assembly	Science Art Spanish
Tues 17th		
Wed 18th	Year 6 Residential	Judo Cross Country
Thurs 19th	Year 6 Residential Y4 Swimming	Football Lego
Fri 20th	Year 6 Residential	
Sat 21st	12pm: Year 4 First Holy Communion Celebration	

HOUSE POINTS RUNNING TOTALS

St George	St Patrick	St Andrew	St David
481	454	341	441

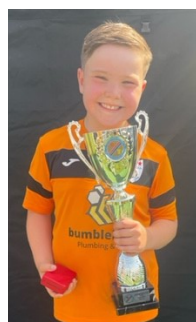


Pippa has gained her grade 7 gymnastics certificate. Great news!

Congratulations to Thomas for coming 2nd overall in his Primary grades at Irish Dancing. Well done!



OUT OF SCHOOL ACHIEVEMENTS



Louie, Spencer, Carter, Keegan and Matej played in the under 9's Warrington cup final last weekend with Louie's team coming away the winners. All the boys played amazingly well and Spencer was awarded man of the match for his goalkeeping!



Well done to Evie for completing her Stage 7 swimming award.



Well done to Jessica who achieved the 'most improved' award in ballet.



Future dates for your diary...

Please be aware that, whilst every effort will be made to keep to dates set, at times it may be necessary to change a date so please check the newsletter which will keep you informed of any changes:

Wednesday 18th—Friday 20th May: Year 6 residential to Conway

Saturday 21st May: 12pm: First Holy Communion Celebration Mass (Year 4)

Friday 27th May: Year 4 Communion Breakfast (morning) / Platinum Jubilee Picnic (1.15 - 3pm)

Friday 27th May: School closes for Whit

WOW WALK TO SCHOOL

Congratulations—St Vincent's has topped the Warrington chart of WOW schools!!

BY LOCAL AUTHORITY

How does your school compare to others in your local authority area for combined activity and engagement

1 ST VINCENT'S CATHOLIC PRIMARY SCHOOL

46.8% 🏆



MENTAL HEALTH CHAMPIONS TOP TIP

This week's top tip from our School Council Mental Health Champions:

Self-Reflection

Self-reflection is about taking time to think about your thoughts and behaviour and understanding why we do the things we do and what causes us to think in a certain way. It can help to increase concentration, decrease stress and improve physical health. Follow some of the steps below to dedicate some time to it.

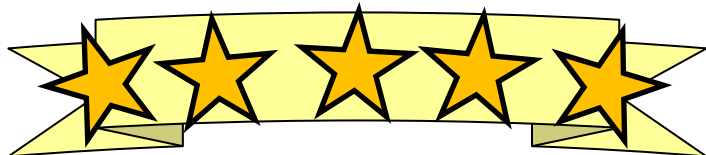
Self-reflection questions: Ask yourself questions about why you think as you do. Can you make changes?

Self-reflection tracker: Understand the reasons for your behaviour and any patterns.

Self-reflection goals: Set yourself some goals. What impact will your goals have on you?

Forgive yourself: Learn to be patient and forgive yourself. Everyone makes mistakes.

Morning and night self-reflections: Try to reflect on your day before you go to bed. Every day is a fresh start.

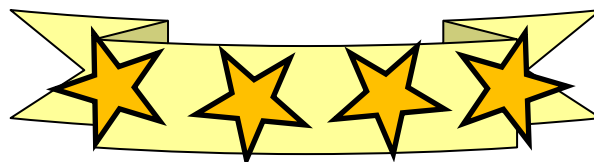


A message for our Year 6 children!

This week you have completed your National Curriculum assessments. We are so proud of every single one of you for the way that you approached these assessments with such confidence, determination and positivity. Thank you.

Whatever the outcome, we know that you could not have worked any harder and have all done your best, so be proud of what you have achieved.

These tests measure only one thing, not what makes each one of you special and unique. We have the pleasure of seeing these things every day, the things that no test will ever measure, the amazing and wonderful things that make you, YOU!



YEAR 5 AND 6 FOOTBALL TOURNAMENT

Congratulations to our Year 5/6 football team, who competed in a tournament in Culcheth on Thursday with a performance and behaviour to be proud of! Well done children for representing our school brilliantly.



MENTAL HEALTH AWARENESS WEEK

This week we have been celebrating Mental Health Awareness Week, the UK's national week to raise awareness of mental health and mental health problems. We have been learning about and sharing key messages about good mental health for everyone, with a focus this year on "loneliness". The School Council, led by our Mental Health Champions and Anti-Bullying Champions, have planned and led the week. In response to a suggestion in their suggestion box, they have set up a project to create a "buddy bench" involving our after school art club. This week, they have also sold green ribbons as a reminder of mental health awareness, organised our green non-uniform day, and led our whole school assembly this morning. Thank you to our School Councillors for their continued hard work.



PLATINUM JUBILEE CELEBRATIONS



To mark this important occasion, we will be celebrating with a family picnic on:

Friday 27th May

1.15pm until 3pm
(please note the change of time)

Children can wear non-uniform (red / white and blue optional!)

We invite you to bring your picnic blankets and join us on the school field for a fun afternoon. Tea, coffee, drinks and cakes will be on sale and games will be set up on the field for you to enjoy.

We hope that lots of you will be able to join us, but understand that not everyone will be able to attend. If you are unable to join us, your child can bring money to buy cakes if they wish and can enjoy their picnic with their friends and staff.

Cakes will continue to be sold for "take away" for those picking up as normal.

NUT FREE ZONE

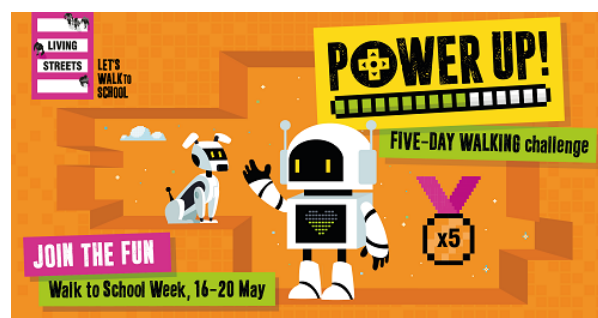
A reminder to all parents that children should not bring nuts, or foods containing nuts into school as there are children in our school who have a nut allergy.



WALK TO SCHOOL WEEK

Next week is Walk to School Week.

Let's try and make that extra effort to get to school in a more active way and continue our success streak in being the most active WOW school in Warrington and climbing up the national leaderboard, with our school now at 91st place in the country!



YEAR 2 SATs

Before half term, Year 2 children will be completing their National Curriculum assessments. We have not drawn unnecessary attention to these, and children will complete them as they have others throughout the year, with minimal fuss or worry!

COMMUNION BREAKFAST

Following the Communion Celebration on Saturday 21st May at Church, we will celebrate our Communion Breakfast for Year 4 on Friday 27th May. Children who made their First Holy Communion can wear their Communion outfits, and bring a change of clothes for the Jubilee picnic later that day. We will store dresses and outfits until the end of the day.

50

Golden Jubilee

Our school celebrates
50 years in
September.

To mark the start of our Golden Jubilee year, we are ending this year with the return of St V Fest.

More details to follow but please save the date: Friday 15th July

If you able to help with the organisation of this event or on the day, please let us know.
Thank you.

Roots and Branches Growing together in faith



Come and Grow Your Faith Together at The Olive Tree. Join us upstairs in The Tree House. Fun, faith and laughter for everyone with lots of different activities.

(Children don't forget your grownups)

Wednesday 18th May, 6th July
4pm to 5.30pm

Refreshments/snacks
Sign in from 3.30pm

Free limited places, please book with
penkmethfamilyworker@gmail.com or
Penkmethchildrensworker@gmail.com

SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, scone and cheese & biscuits
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



Week One

Meat Free Monday

- ✓ Homemade Macaroni Cheese

- ✓ Vegetarian Sausage Roll
baked diced potatoes and beans

Vanilla Ice Cream

Tuesday

- ✓ Roast Gammon
served with sage and onion stuffing
creamed & roast potatoes,
seasonal fresh carrots and broccoli
and gravy

Cooks choice curry served with 50/50 rice

Fresh Fruit Segments
or yoghurt

Wednesday

- ✓ Pork Sausage with creamed potatoes, gravy served
with seasonal fresh carrots and peas

- ✓ Hot Tuna Panini served with
coleslaw, sweetcorn and salad

Homemade Blueberry Cake

Thursday

- ✓ Oven baked Fish Fingers
served with chunky chipped potatoes, garden peas or
baked beans

- ✓ Crumb Coated Chicken served with chunky chipped
potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

- ✓ Cooks choice Homemade Lasagne or Pasta Bake
served with seasonal vegetables

- ✓ Homemade Cheese Fian served with baked jacket
wedges
sweetcorn and salad

✓ Jelly and Fruit

Week Two

Meat Free Monday

- ✓ Margarita Pizza
served with herby diced
potatoes, and sweetcorn

- ✓ Homemade Oven Baked Omelette
served with diced potatoes
baked beans and fresh spinach

Vanilla Ice Cream

Tuesday

- ✓ Roast Turkey with
sage and onion stuffing
served with roast & creamed potatoes,
seasonal fresh carrots and broccoli
and gravy

✓ Chilli Beef served with 50/50 rice

Fresh Fruit Salad or
Yoghurt

Wednesday

- ✓ Hot Cheese and ham panini melt
served with fresh salad and coleslaw

- ✓ Spicy Quorn served with savoury rice
and mixed vegetables

✓ Jelly and Fruit

Thursday

- ✓ Oven baked Battered Salmon
served with chunky chipped potatoes
garden peas or baked beans

- ✓ Red Tractor chicken goujons
served with chunky chipped potatoes
garden peas or baked beans

Homemade cooks choice Biscuit

Friday

- ✓ Homemade Spaghetti Bolognese
served with garden peas

- ✓ Vegetarian curry served with 50/50 rice

Cooks choice
Homemade Carrot Cake
or Banana and Oat Cake

Week Three

Meat Free Monday

- ✓ Homemade Tomato and Mascarpone Pasta Bake
served with seasonal vegetables

- ✓ Quorn nuggets with baked herby diced
potatoes, and sweetcorn

Vanilla Ice Cream

Tuesday

- ✓ Roast Chicken
sage & onion stuffing served with gravy,
roast & creamed potatoes,
seasonal fresh carrot and fine beans

Fish Finger, creamed potato,
carrots and fine beans

Fresh Fruit Segments or
Yoghurt

Wednesday

- ✓ Chicken Tikka Massala served with 50/50 rice

- ✓ Vegetarian Burger in a bun
Baked wedged potatoes and coleslaw

Homemade Flapjack

Thursday

- ✓ Seasoned Chicken Fillet
served with chunky chipped potatoes,
garden peas or baked beans

- ✓ Oven baked Battered Fish served with chunky
chipped potatoes, garden peas or baked beans

Cooks Choice Toffee Date Cake
or Chocolate Cake with Orange

Friday

- ✓ Pork Meatballs in homemade tomato and basil
sauce served with wholemeal pasta and garden peas

- ✓ Cooks choice Hot Panini or Wrap
served with fresh salad and coleslaw

✓ Jelly and Fruit

School Menu Spring/Summer 2022

Menu cycle week one: 25th April, 16th May, 6th June, 27th June, 18th July, 8th August, 29th August, 19th Sept, 10th Oct

Menu cycle week two: 2nd May, 23rd May, 13th June, 4th July, 25th July, 15th Aug, 5th Sept, 26th Sept, 17th Oct

Menu cycle week three: 9th May, 30th May, 20th June, 11th July, 1st August, 22nd August, 12th Sept, 3rd Oct, 24th Oct



✓ = Vegetarian V = Vegetarian substitute available
Lunch will be served with fresh milk or drinking water.
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals
helpdesk on 01925 443082 or visit our website
www.warrington.gov.uk/schoolmeals



WARRINGTON
Borough Council