

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soren and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Monday

Homemade Ham and Cheese pasta bake served with broccoli

✓ Assorted panini/wraps served with savoury rice and sweetcorn

Orange Sorbet

### Tuesday

✓ Braised Beef served with sage and onion stuffing, Yorkshire pudding, creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Macaroni Cheese ✓  
Topped with Tomatoes Served with fresh broccoli

Yoghurt or Fruit Segments

### Wednesday

✓ Homemade Chicken Korma served with 50/50 rice

✓ Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry cake

### Thursday

Oven baked Tempura Battered fish or Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan ✓  
served with chunky chipped potatoes, garden peas or baked beans

Cooks choice cookie

### Friday

✓ homemade Spaghetti Bolognese served with garlic bread and seasonal fresh carrots and garden peas

Baked Gammon served with sauté potatoes, seasonal fresh carrots & garden peas

✓ Fruit Jelly

## Week Two

### Monday

Selection of Wholemeal Pizza ✓  
with various toppings served with herby diced potatoes, peas or sweetcorn

Tortilla boat filled with homemade mild chilli beef served with rice and sweetcorn

Vanilla Ice Cream or Waffle topped with fruit

### Tuesday

✓ Roast Chicken or Roast Gammon with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Tomato and Mascarpone ✓  
Pasta Bake served with garlic bread and broccoli

Our award winning Chocolate and Coconut Brownie

### Wednesday

Homemade Pasta Carbonara served with garlic bread, seasonal fresh carrot batons and garden peas

Our award winning ✓ Chicken Stew served with seasonal fresh carrot batons and garden peas, creamed potatoes or rice

Fresh Fruit Segments  
Yoghurt

### Thursday

Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

✓ Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Selection of cookies

### Friday

Chicken Balti and rice

✓ Sausage roll with baked beans, sauté potatoes

Homemade Fruit Fool Crumble

## Week Three

### Monday

BBQ Chicken in a Bun served with savoury rice sweetcorn & peas

✓ Homemade Pasta in a tomato sauce

Homemade Fruit Crumble served with custard

### Tuesday

✓ Cooks choice, Roast Turkey or Roast Pork sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

✓ Chicken Tikka Masala served with 50/50 rice

Yoghurt or Fruit Segments

### Wednesday

✓ Assorted paninis / wraps served with rice salad, fresh crisp salad and coleslaw

Homemade Chicken, Leek and Ham Pie served with creamed potatoes, seasonal cauliflower, peas and fresh carrot batons

Lemon Drizzle Cake or Ice Cream

### Thursday

✓ Oven baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven baked Fish Fingers served with chunky chipped potatoes and garden peas

Homemade Flapjack

### Friday

✓ All Day Breakfast or Jacket Potato with choice of fillings

✓ Cheese Flan served with herby diced potatoes and garden peas

✓ Fruit Jelly

## St Vincents Catholic Primary School Menu Spring/Summer 2018

**Menu Cycle Week One:** 30th April, 21st May, 11th June, 2nd July, 23rd July, 17th Sept, 8th Oct

**Menu Cycle Week Two:** 7th May, 28th May, 18th June, 9th July, 3rd Sept, 24th Sept, 15th Oct

**Menu Cycle Week Three:** 14th May, 4th June, 25th June, 16th July, 10th Sept, 1st Oct



= Vegetarian ✓ = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

