# SCHOOL MEALS

served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.















# **Week One**

#### **Monday**

Homemade Ham and Cheese pasta bake served with broccoli

V Assorted panini/wraps served with savoury rice and sweetcorn

**Orange Sorbet** 

#### **Tuesday**

**V** Braised Beef served with sage and onion stuffing, Yorkshire pudding, creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

> Homemade Macaroni Cheese 💓 Topped with Tomatoes Served with fresh broccoli

> > Yoghurt or Fruit Segments

#### Wednesday

V Homemade Chicken Korma served with 50/50 rice

Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry cake

### **Thursday**

Oven baked Tempura Battered fish or Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

> Homemade Cheese Flan served with chunky chipped potatoes, garden peas or baked beans

> > Cooks choice cookie

## **Friday**

V homemade Spaghetti Bolognaise served with garlic bread and seasonal fresh carrots and garden peas

**Baked Gammon** served with sauté potatoes, seasonal fresh carrots & garden peas

V Fruit Jelly

# **Week Two**

#### **Monday**

Selection of Wholemeal Pizza with various toppings served with herby diced potatoes, peas or sweetcorn

Tortilla boat filled with homemade mild chilli beef served with rice and sweetcorn

Vanilla Ice Cream or Waffle topped with fruit

#### **Tuesday**

V Roast Chicken or Roast Gammon with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Tomato and Mascarpone 🐠 Pasta Bake served with garlic bread and broccoli

Our award winning Chocolate and Coconut Brownie

#### Wednesday

Homemade Pasta Carbonara served with garlic bread, seasonal fresh carrot batons and garden peas

Our award winning V Chicken Stew served with seasonal fresh carrot batons and garden peas, creamed potatoes or rice

> Fresh Fruit Segments Yoghurt

#### **Thursday**

Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

**V** Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Selection of cookies

#### **Friday**

Chicken Balti and rice

Sausage roll with baked beans, sauté potatoes

Homemade Fruit Fool Crumble

# **Week Three**

#### Monday

BBQ Chicken in a Bun served with savoury rice sweetcorn & peas

Momemade Pasta in a tomato sauce

Homemade Fruit Crumble served with custard

#### **Tuesday**

V Cooks choice, Roast Turkey or Roast Pork sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

V Chicken Tikka Masala served with 50/50 rice

Yoghurt or Fruit Segments

#### Wednesday

V Assorted paninis / wraps served with rice salad, fresh crisp salad and coleslaw

Homemade Chicken, Leek and Ham Pie served with creamed potatoes, seasonal cauliflower, peas and fresh carrot batons

Lemon Drizzle Cake or Ice Cream

#### **Thursday**

V Oven baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven baked Fish Fingers served with chunky chipped potatoes and garden peas

Homemade Flapjack

## **Friday**

V All Day Breakfast

Jacket Potato with choice of fillings

🚺 Cheese Flan served with herby diced potatoes and garden peas

V Fruit Jelly



# St Vincents Catholic Primary School Menu

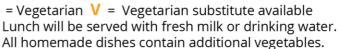
Menu Cycle Week One: 30th April, 21st May, 11th June, 2nd July, 23rd July, 17th Sept, 8th Oct

Menu Cycle Week Two: 7th May, 28th May, 18th June, 9th July, 3rd Sept, 24th Sept, 15th Oct

Menu Cycle Week Three: 14th May, 4th June, 25th June, 16th July, 10th Sept, 1st Oct

Spring/Summer 2018





For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals











