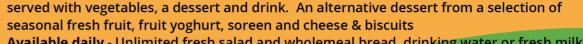
# SCHOOL MEALS



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.















# **Week One**

#### Monday

V Pork Sausage, mashed potato, gravy and seasonal vegetables

V Filled jacket potato served with salad

Vanilla ice cream

#### **Tuesday**

V Roast Turkey, sage and onion stuffing roast and creamed potatoes, seasonal carrots, broccoli and gravy

V Filled jacket potato served with salad

Fresh fruit salad

#### Wednesday

V Spaghetti Bolognese, garlic bread and fresh broccoli

V Filled jacket potato served with salad

Fruit crumble

#### **Thursday**

V Cook's choice Chicken Curry served with 50/50 rice and peas

V Filled jacket potato served with salad

Homemade cake

## **Friday**

V Tempura Battered Fish, chipped potatoes, peas or beans

V Filled jacket potato served with salad

Homemade biscuit

# **Week Two**

#### **Monday**

V Homemade Pizza, baked wedged potatoes, sweetcorn and salad

V Filled jacket potato served with salad

Vanilla ice cream

#### Tuesday

V Roast Chicken, sage and onion stuffing roast & creamed potatoes, seasonal carrots, broccoli and gravy

V Filled jacket potato served with salad

Fresh fruit salad

#### Wednesday

V Beef Burger in a bun served with salad, coleslaw and sweetcorn,

V Filled jacket potato served with salad

Fruit crumble

### **Thursday**

V Seasoned Chicken served with baked potato waffle and baked beans

V Filled jacket potato served with salad

Homemade cake

## **Friday**

V Tempura Battered Fish/Salmon, chipped potatoes, peas or beans

V Filled jacket potato served with salad

Homemade biscuit

# **Week Three**

#### Monday

V Cook's choice homemade Pasta Bake, garlic bread, fresh broccoli

V Filled jacket potato served with salad Vanilla ice cream

#### **Tuesday**

V Roast Gammon, sage and onion stuffing, roast & creamed potatoes, seasonal fresh carrots, broccoli and gravy

V Filled jacket potato served with salad

Fresh fruit salad

#### Wednesday

V Red Tractor Chicken Poppers or homemade Chicken Goujons, baked herby diced potatoes, seasonal vegetables or baked beans

V Filled jacket potato served with salad

Fruit crumble

## **Thursday**

V Cook's choice homemade Chicken Curry or V Beef Chili served with 50/50 rice, seasonal vegetables

V Filled jacket potato served with salad

Homemade cake

## **Friday**

V Fish Fingers, chipped potatoes, peas or baked beans

V Filled jacket potato served with salad

Homemade biscuit



Menu cycle week one: 31 Aug, 21 Sept, 12 Oct, 2 Nov, 23 Nov, 14 Dec, 4 Jan, 25 Jan, 15 Feb, 8 Mar, 29 Mar, 19 April, 10 May, 31 May, 21 June, 12 July Menu cycle week two: 7 Sept, 28 Sept, 1 Oct, 9 Nov, 30 Nov, 21 Dec, 11 Jan, 1 Feb, 22 Feb, 15 March, 5 April, 26 April, 17 May, 7 June, 28 June, 19 July Menu cycle week three: 14 Sept, 5 Oct, 26 Oct, 16 Nov, 7 Dec, 28 Dec, 18 Jan, 8 Feb, 1 March, 22 Mar, 12 April, 3 May, 24 May, 14 June, 5 July, 26 July

# **Primary School Menu September 2020**



= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals





