The Hindu Home

The family is very important for Hindus, it is where they learn about their religion and customs, where children learn to respect each other and the created world. Most Hindus do not eat meat, they are vegetarian, they do not like to harm animals. In India cows wander around the streets nobody will hurt or kill them, because they are considered sacred because they provide milk a precious source of nourishment. Hindu people eat quite a lot of rice, dried beans, lentils cooked with tasty spices.

Children are brought up to follow five daily duties:

• To pray.

• To show respect and offer worship to the family god.

• To show respect for the family elders.

• To be hospitable and welcoming to those in need.

• To respect all living creatures.