

# SCHOOL MEALS

Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches served with vegetables, a dessert and drink. An alternative dessert from a selection of seasonal fresh fruit, fruit yoghurt, sreen and cheese & biscuits  
Available daily - Unlimited fresh salad and wholemeal bread, drinking water or fresh milk.



## Week One

### Monday

Homemade Ham and Cheese Pasta Bake served with garden peas

V Assorted hot fresh Panini or Wraps served with savoury rice and sweetcorn

Vanilla Ice Cream or Pancake topped with fruit

### Tuesday

V Braised Beef served with sage and onion stuffing, Yorkshire pudding, creamed & roast potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Macaroni Cheese topped with tomatoes served with garlic bread fresh broccoli

Yoghurt or Fruit Segments

### Wednesday

V Homemade Chicken Korma served with 50/50 rice and Naan bread

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry Cake

### Thursday

Oven baked Tempura Battered Fish or Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Cheese Flan served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

### Friday

V Homemade Spaghetti Bolognaise served with garlic bread and seasonal fresh carrots and garden peas

Baked Gammon served with sauté potatoes, seasonal fresh carrots & garden peas

Homemade Oat & Fruit Cookie

## Week Two

### Monday

Selection of Wholemeal Pizza with various toppings served with herby diced potatoes, peas or sweetcorn

V Tortilla Boat filled with homemade Mild Chilli Beef served with rice and sweetcorn

Vanilla Ice Cream or Waffle topped with fruit

### Tuesday

V Roast Gammon with sage and onion stuffing served with roast & creamed potatoes, seasonal fresh carrots and broccoli and gravy

Homemade Tomato and Mascarpone Pasta Bake served with garlic bread and broccoli

Homemade Chocolate Cake

### Wednesday

V Italian Pork Pasta Bake served with garlic bread, seasonal fresh carrot and peas

V Assorted Hot Paninis or Wraps served with savoury rice, crisp salad and homemade coleslaw

Fresh Fruit Salad  
Yoghurt

### Thursday

Oven baked Battered Salmon served with chunky chipped potatoes garden peas or baked beans

V Red Tractor Chicken Poppers served with chunky chipped potatoes garden peas or baked beans

Homemade Cookie

### Friday

Chicken Balti and rice

V Sausage Roll served with sauté potatoes and baked beans

Homemade Fruit Mousse

## Week Three

### Monday

Seasoned Chicken Fillet in a Bun served with savoury rice sweetcorn & peas

V Wholemeal Pasta in a homemade Tomato sauce

Homemade Fruit Crumble served with custard

### Tuesday

V Roast Turkey sage & onion stuffing served with gravy, roast & creamed potatoes, seasonal fresh carrot and broccoli

V Chicken Tikka Masala served with 50/50 rice

Yoghurt or Fruit Segments

### Wednesday

V Assorted hot fresh Paninis / Wraps served with rice salad, fresh crisp salad and coleslaw

Homemade Chicken, Leek and Ham Pie served with creamed potatoes, seasonal cauliflower, peas and fresh carrot batons

Homemade Toffee Apple Streusel Cake or Ice Cream

### Thursday

V Oven baked Crumb Coated Chicken served with chunky chipped potatoes and garden peas

Oven baked Fish Fingers served with chunky chipped potatoes and garden peas

Homemade Flapjack

### Friday

V All Day Breakfast

or

Jacket Potato with choice of fillings

V Fruit Jelly

## St Vincents Catholic Primary School Menu Spring/Summer 2019

**Menu Cycle Week One:** 6 May, 27 May, 17 June, 8 July, 2 Sept, 23 Sept, 14 Oct

**Menu Cycle Week Two:** 13 May, 3 June, 24 June, 15 July, 9 sept, 30 sept, 21 Oct

**Menu Cycle Week Three:** 29 April, 20 May, 10 June, 1 July, 22 July, 16 Sept, 7 Oct



= Vegetarian V = Vegetarian substitute available  
Lunch will be served with fresh milk or drinking water.  
All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website [www.warrington.gov.uk/schoolmeals](http://www.warrington.gov.uk/schoolmeals)



**WARRINGTON**  
Borough Council

