SCHOOL MEALS











seasonal fresh fruit, fruit yoghurt, soreen and cheese & biscuits



Available daily as an alternative: - Filled jacket potatoes and a selection of sandwiches

served with vegetables, a dessert and drink. An alternative dessert from a selection of



Week One

Meat Free Monday

Vegetarian Sausage Roll Baked diced potatoes and beans

Strawberry ripple ice cream

Tuesday

Fish fingers creamed potatoes peas or beans

Ham cheese Panini salad coleslaw

Fresh Fruit Segments Or yoghurt

Wednesday

V Pork Sausage with creamed potatoes, gravy served with seasonal fresh carrots and peas

Homemade Blueberry Cake

Thursday

V Tempura fish Served with chunky chipped potatoes, garden peas or baked beans

V Crumb Coated Chicken served with chunky chipped potatoes, garden peas or baked beans

Homemade Shortbread Biscuit

Friday

Tomato pasta served with seasonal vegetables

MHomemade Cheese Flan served with baked jacket wedges sweetcorn and salad

V Jelly and Fruit

Week Two

Meat Free Monday

Margarita Pizza Served with herby diced Potatoes, and sweetcorn

Homemade Oven Baked Omelette Served with diced potatoes Baked beans and fresh spinach

Raspberry ripple Ice Cream

Tuesday

V Roast Turkey with Sage and onion stuffing Served with roast & creamed potatoes, Seasonal fresh carrots and broccoli And gravy

Hot tuna cheese Panini salad coleslaw

Fresh Fruit Salad or Yoghurt

Wednesday

Homemade pie

Chicken korma

V Jelly and Fruit

Thursday

V Oven baked Battered Salmon Served with chunky chipped potatoes Garden peas or baked beans

V Crumb coated chicken Served with chunky chipped potatoes Garden peas or baked beans

Homemade cooks choice Biscuit

Friday

Spaghetti Bolognaise

Homemade Carrot Cake Or Banana and Oat Cake

Week Three

Meat Free Monday

Momemade Tomato and Mascarpone Pasta Bak Served with seasonal vegetables

Chocolate ice cream

Tuesday

V Roast Chicken Sage & onion stuffing served with gravy, Roast & creamed potatoes, Seasonal fresh carrot and fine beans

Cheese Panini, salad coleslaw

Fresh Fruit Segments or Yoghurt

Wednesday

V Chicken Tikka Masala served with 50/50 rice Baguette pizza

Homemade Flapjack

Thursday

Seasoned poppers Served with chunky chipped potatoes, Garden peas or baked beans

V Fish served with chunky chipped potatoes, garden peas or baked beans

Chocolate Cake with Orange

Friday

V Pork Meatballs in homemade tomato and basil sauce served with wholemeal pasta and garden peas

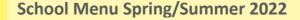
V Jelly and Fruit



Menu cycle week one: 31st Oct, 21st Nov, 12th Dec, 9th Jan, 30th Jan, 20th Feb, 13th Mar, 3rd Apr, 24 Apr, 15th May, 5th Jun, 26th Jun, 17th July,

Menu cycle week two: 7th Nov, 28th Nov, 19th Dec, 16th Jan, 6th Feb, 27th Feb, 20th Mar, 10th Apr, 1st May, 22nd May, 12th Jun, 3rd July, 24th July

Menu cycle week three: 14th Nov, 5th Dec, 2nd Jan, 23rd Jan, 13th Feb, 6th Mar, 27th Mar, 17th Apr, 8th May, 29th May, 19th Jun, 10th July,





= Vegetarian V = Vegetarian substitute available Lunch will be served with fresh milk or drinking water. All homemade dishes contain additional vegetables.

For allergen and dietary help please contact school meals helpdesk on 01925 443082 or visit our website www.warrington.gov.uk/schoolmeals



